# HOC NAVIGATORS

Guiding you through advanced illness and end of life

## TriHealth Referral Process

**Contact us.** We'll take care of your patient's advanced illness needs.

#### Home-Based Palliative Care (PalliaCare®) Epic AMB Referral REF (2037)

Hospice Epic AMB Referral REF (35) Same-day response for urgent needs

#### RN In-Home Advanced Illness Assessment

(No-charge) Epic AMB Referral REF (35)

#### Social Connections (No-charge) 513-891-7700

## **Target Patients**

Patients with end-stage disease including those who:

- Have unplanned ED and Inpatient hospitalizations
- Are debilitated with functional impairment and symptomatic such as:
- Shortness of breath
- Loss of appetite
- Anxiety or depression
- Insomnia
- Pain

Are utilizing DME such as:

- Hospital bed
- Oxygen at home

## What To Expect

After an in-home assessment by our Registered Nurse, we will make recommendations with rationale for enrollment in one of four programs:

- Advance Care Planning
- Social Connections
- PalliaCare® Cincinnati
- Hospice of Cincinnati

## Why HOC?

We believe our patient and family centered model, house calls and 24/7 RN telephonic and video visits and in-home support improve the well-being and quality of life for patients with serious illness and their families.

## 513-891-7700 • www.hospiceofcincinnati.org

About HOC Navigators—Our programs include Hospice of Cincinnati, PalliaCare<sup>®</sup> Cincinnati, Hospital and Clinic-Based Palliative Medicine, Conversations of a Lifetime<sup>®</sup>, Social Connections, and The Goldstein Family Grief Center. Fernside, a 501(c)(3) organization, is an affiliate of Hospice of Cincinnati. Hospice of Cincinnati is a non-profit hospice sponsored by Bethesda Inc. in a collaborative community partnership with TriHealth and Bon Secours Mercy Health. © 2020 Hospice of Cincinnati

## One-point Access

Ask for a no-charge RN in-home advanced illness assessment to evaluate patient and family needs.

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One's advanced illness trajectory isn't linear. That's why our programs meet patients where they are.

## **Advanced Illness Programs**

## Conversations of a Lifetime<sup>®</sup>

#### Respecting Choices® Advance Steps Facilitator Training

Training community clinicians and other healthcare personnel on advance care planning. See ConversationsOfaLifetime.org for state advance directive resources and tools.

These services are free of charge.

#### **Social Connections**

Loneliness and social isolation are not only fatal, but lead to higher levels of co-morbidities.

- Telephonic Social Support
- Advance Care Planning
- Companion Volunteers
- Caregiver Support

These services are free of charge.

#### PalliaCare<sup>®</sup> Cincinnati

Home-based palliative care provides an extra layer of support for those with serious illness regardless of life expectancy or prognosis and focuses on short-term stabilization of symptoms.

- Nurse Practitioner (NP) consult with the patient's doctor and a multidisciplinary team of a RN coordinator, Social Worker with Palliative Medicine Physician oversight.
- Improves quality of life by addressing immediate symptom needs
- Explore goals of care, explain treatment options and complete advance directives
- Referral to community resources in collaboration with PCP Care Management Team
- 24/7 RN phone support
- NP visits are billed to Medicare Part B

#### Hospital-Based and Clinic-Based Palliative Medicine

Palliative consult in the hospital and outpatient care settings in collaboration with acute care hospitalists, disease specialists and primary care physicians.

A specialized care team of Hospice and Palliative Certified Physicians, Nurse Practitioners and nurses expertly manage symptoms of advanced illness as well as:

- Discussion of medical needs and concerns
- Facilitate medical decisionmaking based on goals, wishes and preferences
- Assist with referrals to community resources following hospitalization

## Hospice

#### Hospice of Cincinnati

End-of-life care for those with a life expectancy of 6 months or less; according to goals, wishes and preferences; where ever the patient calls home.

A specialized care team of a Hospice and Palliative Certified Physician and Nurse Practitioner, RN, LPN, STNA, SW, Chaplain and Volunteer in a patient and family-centered model.

- 4 Inpatient Care Centers for crisis symptom management and Respite Care
- Continuous Home Care and 24/7 in-person or telephonic RN support for crisis
- Medication and DME
- 11th Hour Vigil at bedside

### **Grief Services**

#### The Goldstein Family Grief Center

We believe the death of a loved one can be a meaningful experience with the support and guidance of grief counselors. We provide free grief counseling for 13 months after the loss of a loved one. These services are free of charge.

#### Fernside Center for Grieving Children

Supporting children, teens and families in the Tristate area. Using expressive arts, and peer groups, families learn to cope with loss due to the death of a loved one. These services are free of charge.

