# Behavioral Health Consultant

#### Who to Refer

Patients would benefit from behavioral interventions. Up to 70% of primary care appointments have a psychosocial/behavioral component. No Wrong Referral.

#### **Referral Orders**

Must be ordered by a TriHealth Primary Care provider. REF1007 Amb Referral to BH Consultant\* REF4004 Amb PEDS Referral to BH Consultant\* \*Provider names may vary, consult your practice manager for details.

#### Location

This service may not be available at your practice at this time. Consult your practice manager for more information.



# Day Treatment Program

- This is an adult, mental health partial hospitalization program service that provides crisis stabilization and brief-to-intermediate term psychiatric care.
- Our structured, cognitive-behaviorally based treatment program benefits those who need a higher level of care that is not available in a typical outpatient setting and does not require inpatient hospitalization.

### Who to Refer

Individuals who are normally high functioning but for various reasons, such as a loss or change in their life, are struggling at this time.

The individual must be able to participate in a group therapy setting, Monday through Friday, from 8:30 a.m to 2:30 p.m, with the average length of treatment being two weeks.

### **Referral Orders**

BHS3 Amb Referral to Behavioral Health Day Treatment Encourage patients to make the initial call for treatment.

#### Location

Good Samaritan TriHealth Hospital 375 Dixmyth Ave, Unit 10J Cincinnati, Ohio 45220 Phone: 513 862 2823



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# TriHealth Behavioral Health

**Outpatient Services** 



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# **Psychiatric Consults**

- E-Consults
- Psychiatrists will provide timely support in managing psychiatrically ill patients, and will assess the appropriate level of care.
- For urgent concerns, in addition to an E-Consult, send a Voalte Message to the appropriate psychiatrist:
- Consultative Psychiatrist Adult IBH
- Consultative Psychiatrist Pediatric IBH

### Who to Refer

**Must be ordered by a TriHealth Primary Care provider.** Patients who have failed medication intervention.

# **E-Consult**

TH E-Consult BH Psychiatry TH E-Consult Pediatric BH Psychiatry

# Alcohol and Drug Treatment Program

 Intensive Outpatient Program for substance use treatment including case management, individual counseling, medication assisted treatment and physician visits.

### Who to Refer

Patients seeking resources for alcohol and substance use treatment.

# **Referral Orders**

REF1015 Amb Referral to Drug and Alcohol

#### Location

4401 Carver Woods Dr Blue Ash, OH 45242 Phone: 513 489 6011

# Collaborative Care Program

- This is a 13-week program, designed to assist patients with behavioral and lifestyle changes that can provide relief of depression symptoms, including sustaining depression medication adherence.
- Regular phone calls with a BH Care Manager who addresses patients' concerns, assists with goal setting, tracks progress, and provides tools for depressive symptom relief.
- Weekly review of cases by a Consulting Psychiatrist who partners with your Care Manager and Primary Care Provider to make medication suggestions and treatment adjustments. Additional screening may occur to evaluate progress.

# Who to Refer

Adult patients diagnosed with moderate to severe depression with a Depression Screening Score, PHQ-9, of 15 or greater.

# **Referral Orders**

Must be ordered by a TriHealth Primary Care provider. Patients with a PHQ-9 score of 15 or greater. REF155 Amb Referral to Behavioral Health Collaborative Care Program

### Location

Visits are scheduled and are over the phone New Patient Visit – 45 minutes Follow Up Visits – 30 minutes

# Outpatient BH Practice

### Who to Refer

Complex cases with complicated psychiatric history. Patients who have failed medication intervention. Patients expected to return to Primary Care for medication refills when stable.

# **Referral Orders**

Must be ordered by a TriHealth Primary Care provider REF 4002 Amb Referral to BH Services Psychiatry REF 4006 Amb Referral to Peds Psychiatry

#### Locations

Multiple locations in North and West Region To schedule call 513 346 1270

# Pediatric Navigator

# Who to Refer

Patients, ages 18 or younger, seeking BH community resources.

#### **Referral Orders**

Must be ordered by a TriHealth Primary Care provider REF4001 AMB Referral to Pediatric BH Care Navigator

#### Locations

Phone: 513 862 9005