

TriHealth Orthopedic & Sports Institute

TriHealth Physician Partners Musculoskeletal Division

A broken bone, arthritis, sprains, strains or other musculoskeletal conditions can cause minor, significant and even debilitating pain. Our team of experts uses advanced treatments, including surgical and nonsurgical options. Our network of specialists includes the largest pain management and physiatry (physical medicine and rehabilitation) medical groups in Cincinnati. TriHealth's Gold Standard for Orthopedic care has earned local and national recognition by providing efficient, high-quality care and ensuring that patients receive the right care at the right time.

TriHealth also partners with Beacon Orthopaedics to provide an even larger team to meet your orthopedic needs. You can count on seamless, multi-specialty care to help you recover quickly and improve your quality of life.

Interventional Pain and Spine



James Bruns, MD



James Fortman II, MD



Daniel Johns, MD



Sara Nashi, MD



Tiffany Escobar, FNP-C



Katlin Heher, CNP



Lauren Henry, PA-C



Kaitlyn Kaiser, PA-C



Cindy Lotscher, FNP-C



Megan McGrew, PA-C



Donna Sadelfeld, FNP-C



Jennifer Welte, FNP

Major Areas of Treatment

- General orthopedics
- Interventional pain management procedures
- Joint replacement (hip, knee)
- Orthopedic trauma
- Pain medicine
- Podiatry
- Physical medicine & rehabilitation
- Physical therapy
- Reconstructive procedures
- Sports medicine

Orthopedic Surgery



Kevin E. Reilly, MD



Christopher Ruhnke, MD



Thomas Shockley Jr., MD



Joseph Thomas, MD



Kelli Ames, PA-C



Kyle Dreyer, PA-C

Physical Medicine & Rehabilitation



Trent Edwards, MD



Matthew Jones, MD



D. Scott Long, MD



Nancy McDonough, MD



Shrishail Nashi, MD



Robert Richter, MD



Christine Smith, MD



Jacob Williams, MD



Lisa Byrd, FNP-C

Podiatry



Casie Blanton, DPM



Nathan Blanton, DPM



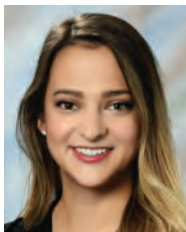
Haim Cohen, DPM



Talia Gilmore, DPM



Matthew Hamilton, DPM



Tatyana Hamilton, DPM



Rodney Roof, DPM



Joyce Brenneman, FNP



Justin Cantrell, PA-C

Sports Medicine



Robert Altenau, MD



Amanda Chaney,
DO



Matthew Daggy,
MD



Amanda Goodale,
DO



Steven Jung, MD



Richard Okragly
Jr., MD



Stephen Sanker,
DO



Douglas
Thompson, DO



Gretchen Brannon,
PA-C

TriHealth Orthopedic & Sports Institute

TriHealth Physician Partners Musculoskeletal Division

Appointments: 513 246 2300

Anderson Region

Group Health Anderson

7794 Five Mile Road, Suite 100
Cincinnati, OH 45230

Interventional Pain and Spine

James Bruns, MD
Daniel Johns, MD
Katlin Heher, CNP
Lauren Henry, PA-C
Megan McGrew, PA-C

Physical Medicine & Rehabilitation

Trent Edwards, MD
Nancy McDonough, MD
Jacob Williams, MD

Podiatry

Talia Gilmore, DPM
Rodney Roof, DPM

Sports Medicine

Stephen Sanker, DO

Butler Region

Group Health West Chester

8040 Princeton-Glendale Road
West Chester, OH 45069

Interventional Pain and Spine

James Fortman II, MD
Sara Nashi, MD
Katlin Heher, CNP
Cindy Lotscher, FNP-C
Donna Sadelfeld, FNP-C

Physical Medicine & Rehabilitation

Shrishail Nashi, MD

Podiatry

Matthew Hamilton, DPM
Joyce Brennehan, FNP
Justin Cantrell, PA-C

Sports Medicine

Steven Jung, MD
Douglas Thompson, DO
Gretchen Brannon, PA-C

TriHealth Orthopedic & Sports Institute Hamilton – Butler

3035 Hamilton-Mason Road
Hamilton, OH 45011

Interventional Pain and Spine

James Fortman II, MD
Jennifer Welte, CNP

Physical Medicine & Rehabilitation

Shrishail Nashi, MD

Podiatry

Tatyana Hamilton, DPM
Justin Cantrell, PA-C

Sports Medicine

Matthew Daggy, MD

TriHealth Orthopedic & Sports Institute Liberty

8020 Liberty Way
West Chester, OH 45069

Interventional Pain and Spine

James Fortman II, MD
Tiffany Escobar, FNP-C
Donna Sadelfeld, FNP-C

Central Region

Group Health Kenwood

8240 Northcreek Drive
Cincinnati, OH 45236

Orthopedics (Non-surgical)

Thomas Shockley, MD
Joseph Thomas, MD

Interventional Pain and Spine

Daniel Johns, MD
Sara Nashi, MD
Tiffany Escobar, FNP-C
Kaitlyn Kaiser, PA-C
Megan McGrew, PA-C

Physical Medicine & Rehabilitation

Christine Smith, MD
Jacob Williams, MD
Lisa Byrd, FNP-C

Podiatry

Nathan Blanton, DPM
Haim Cohen, DPM
Rodney Roof, DPM

Sports Medicine

Gretchen Brannon, PA-C

TriHealth Fitness & Health Pavilion

6200 Pfeiffer Road, Suite 390
Montgomery, OH 45242

Physical Medicine & Rehabilitation

Shrishail Nashi, MD

Interventional Pain and Spine

James Bruns, MD
Daniel Johns, MD
Sara Nashi, MD
Jennifer Welte, CNP



City Central Region

Bethesda Family Practice Center

1775 West Lexington, Suite 100
Cincinnati, OH 45212
513 977 6700

Sports Medicine

Amanda Goodale, DO
Richard Okragly Jr., MD

Group Health Clifton

379 Dixmyth Ave.
Cincinnati, OH 45220

Orthopedic Surgery

Christopher Ruhnke, MD
Kelli Ames, PA-C

Interventional Pain and Spine

Daniel Johns, MD
Lauren Henry, PA-C
Megan McGrew, PA-C

Physical Medicine & Rehabilitation

Trent Edwards, MD
D. Scott Long, MD
Jacob Williams, MD

Podiatry

Casie Blanton, DPM
Nathan Blanton, DPM
Talia Gilmore, DPM
Joyce Brenneman, FNP

Sports Medicine – 513 246 7000

Amanda Chaney, DO

Oxford Region

TriHealth Orthopedic & Sports Institute Oxford

5151 Morning Sun Road, Suite A
Oxford, Ohio 45056

Podiatry

Matthew Hamilton, DPM
Tatyana Hamilton, DPM
Justin Cantrell, PA-C

Sports Medicine

Matthew Daggy, MD

TriHealth Orthopedic & Sports Institute Oxford

110 N Poplar St., 2nd floor
Oxford, OH 45056

Interventional Pain and Spine

James Fortman II, MD
Jennifer Welte, CNP

Warren County Region

Group Health Mason

6010 Mason-Montgomery Road
Mason, OH 45040

Orthopedics (Non-surgical)

Joseph Thomas, MD

Physical Medicine & Rehabilitation

Trent Edwards, MD
Shrishail Nashi, MD

Interventional Pain and Spine

Sara Nashi, MD
Tiffany Escobar, FNP-C
Kaitlyn Kaiser, PA-C
Donna Sadelfeld, FNP-C
Jennifer Welte, CNP

Podiatry

Haim Cohen, DPM
Matthew Hamilton, DPM
Justin Cantrell, PA-C

Sports Medicine

Gretchen Brannon, PA-C

TriHealth Orthopedic & Sports Institute Arrow Springs

100 Arrow Springs Blvd.
Lebanon, OH 45036

Physical Medicine & Rehabilitation

Shrishail Nashi, MD
Tiffany Escobar, FNP-C

Interventional Pain and Spine

Donna Sadelfeld, FNP-C

West Region

Rudemiller Family Medicine

6350 Glenway Avenue, Suite 205
Cincinnati, OH 45211
513 481 0900

Sports Medicine

Robert Altenau, MD

TriHealth Finneytown

740 West Galbraith Road
Cincinnati, OH 45231
513 246 2300

Interventional Pain & Spine

Daniel Johns, MD
Megan McGrew, PA-C

Physical Medicine & Rehabilitation

Jacob Williams, MD

TriHealth Orthopedic & Sports Institute Glenway

6350 Glenway Ave., Third Floor
Cincinnati, OH 45211
513 246 2300

Physical Medicine & Rehabilitation

D. Scott Long, MD
Robert Richter, MD

Podiatry

Nathan Blanton, DPM

TriHealth Orthopedic & Sports Institute Western Ridge

6909 Good Samaritan Drive, Suite A
Cincinnati, OH 45247
513 246 2300

Orthopedic Surgery

Kevin E Reilly, MD
Christopher Ruhnke, MD
Kelli Ames, PA-C
Kyle Dreyer, PA-C

Interventional Pain and Spine

James Bruns, MD
James Fortman II, MD
Katlin Heher, CNP
Lauren Henry, PA-C
Cindy Lotscher, FNP-C
Jennifer Welte, CNP

Physical Medicine & Rehabilitation

Matthew Jones, MD
Robert Richter, MD
Lisa Byrd, FNP-C

Podiatry

Casie Blanton, DPM
Joyce Brenneman, FNP