

KIDS' LIFE CENTER AND JUNIOR GYM

Policies & Procedures

Kids' Life Center

- Participation in the Kids' Life Center is included for children who are members. Otherwise, there is a \$8.00 charge per visit per child for member's children and \$10.00 per visit per child for guests' children.
- There is a 2-hour maximum time limit for children to be in the Kids' Life Center. Parents should schedule their workouts accordingly. Late charges will be charged to your account at the rate of \$1 per minute for each minute late if you are more than 5 minutes late picking up your child.
- Parents/guardians are **REQUIRED** to always remain on premises. Exception: Kids' Klub, Friday Night Fun Zone, PACE, or during seasonal camps.
- Parents must complete a pre- participation form (our medical authorization form) for each child. The form is good for 1 year.
- Parents, please read all signs posted regarding upcoming closings, center updates, holiday hours and/ or programming announcements. All announcements are posted at least 2 weeks in advance.
- The TriHealth Fitness & Health Pavilion asks that you do not bring your children when they are sick. Management reserves the right to refuse childcare due to illness. The Pavilion also asks that if your child comes down with a contagious illness (e.g. Chicken Pox, Pink Eye, etc.) the parents notify the Pavilion so that we in turn may notify other members who used the Kids' Life Center during the same time. In addition, please provide documentation showing your child has been cleared to return to school or the KLC. Entrance into the KLC will be denied until the form is provided. Lastly, please inform us if your child has any physical problems or/ and health information that we should know on the Pre-Participation Form.
- If someone other than the person who dropped off the child will be picking them up, the Kids' Life Center team must be notified. Please give the name of the person picking up the child. If this is occurring on a regular basis, the person must be added to the pre- participation form. Upon arrival, Identification will be required for that person to take the child.
- The Kids' Life Center is a drop-in center. The number of children in attendance varies by the hour. Staffing subject to change due to attendance.
- The Kids' Life Center is staffed appropriately:
 - 8:45 a.m. - 1:00 p.m. - 2 KLC Attendants
 - 4:00 p.m.- 7:45 p.m. - 2 KLC Attendants
- Each Childcare Attendant is responsible for monitoring an area depending on the age of children & activity. If any area reaches its capacity (limit posted in each area), then the KLC attendant can move the children in other areas of the KLC.
- Please make sure children are properly dressed and are wearing gym shoes or close toed shoes if they would like to use the Kids' Life Center Jr. Gym.
- Diaper changing will be the responsibility of the parent.
- Toys are provided. The KLC strongly suggest not bringing in personal toys from home. If a child insists on bringing in a toy from home, please note that we are not responsible for lost, stolen, or broken toys.
- No food, bottles, or sippy cups are allowed in the Kids' Life Center. Exception: lunch or snack for Kids' Klub, Friday Night Fun Zone, PACE or during seasonal camps. Water bottles are permitted for consumption during active play. The KLC team is not permitted to feed the children otherwise.
- Mothers are welcome to nurse their infants in the Tween Room (KLC Back Room).
- Parents must leave a phone number to call or text, if child needs a diaper changed or may have separation anxiety.
- Profanity, spitting, biting, or fighting will not be

tolerated. Parents will be notified of any disciplinary problems. 1st incident, child will be put in time out (child must sit without games or play for 5-10 minutes). If there are 2 or more repeated incidents, usage of the Kids' Life Center may be suspended for a designated period of time and membership refunds are not provided.

- The outdoor pool is open to children without restriction during operating hours. Children under the age of 8 must be accompanied by a parent or guardian.
- Children under age 12 are restricted from the general locker room area but are permitted to change in the Gender-Neutral Changing Rooms and Pool Changing Rooms. Diaper changing stations are provided in the Kids' Life Center.
- The KLC has Tween Space designated for ages 8-12. This space includes crafts & games space, air hockey, foosball, gaming system and homework space.

Safety & Security Procedures

- There is a magnetic lock on both entrances into the KLC.
- All members & guests must be checked in by a Childcare attendant. Parents are not permitted to let themselves in the center.

Reservations

- Reservations are required. You can go online or call the KLC to reserve.
- Every member & nonmember has access to the member portal. If you do not have access to the portal, use the scan code number on the reverse side of your membership card to setup your password.
- How to Reserve Your Spot for childcare:
 1. Go to Trihealthpavilion.com
 2. Click **Book Appointment**
 3. Choose **Child**
 4. Choose Resource (**Infant, toddler, preschool or school age**)
 5. Choose **Day**
 6. Select **time of day (you can only select time slots: 9 a.m., 11 a.m., 4 p.m. or 6 p.m.)**
 7. Time option (Select the time closet to your

rental time)

8. Click Book

- If you need to cancel your reservation, you may do so on the booking page or call the Kids Life Center and one of our attendants will cancel it for you.
- Contact Supervisor or call the KLC Team with any questions.

Please reserve the slots available for the specific age of your child. Please DO NOT choose other age groups that don't pertain to your child's age.

Check In & Out Process

- To check in or out your child(ren) simply ring the doorbell for assistance & a Childcare Attendant will come and assist you. Once the team member arrives, you will be asked to scan your membership card to check your child in or out the system.
- Parents must complete a pre- participation form (our medical authorization form) for each child. The form is good for 1 year.
- The KLC team will keep a running attendance sheet as you are checking your children in/out of the Kids' Life Center. They will record your cell phone number at the time of check in. In addition to your time of entrance to assure you stay within the two-hour limit.
- Parents/guardians must be present when checking in and checking out a child. Again, if someone other than the person who dropped off the child will be picking them up, the Kids' Life Center team must be notified.

Tween Policy | Ages 10-12

- Children between ages 10-12 are allowed to use the Sports Arena, attend Zumba & spinning classes with a parent or guardian.
- The parent or guardian must check-in & check-out the tween in the Kids' Life Center before going to areas outside of the KLC for tracking purposes.
- Only children ages 10-12 are allowed to bring in electronic devices (such as cell phones or tablets) while in the tween area. The Kids' Life Center will not be held responsible for any lost or damaged devices. For children under the age of 10, get permission from

the Supervisor.

Junior Gym

- For the safety of your child, we recommend that they wear close-toed athletic shoes to the Kids' Life Center. All shoes must have non-marking soles.
- Food, drinks, chewing gum, and candy are prohibited. However, your child can bring a water bottle to fill with water during play time in the Jr. Gym.
- Injuries or accidents should be reported to the Kids' Life Center team immediately.
- Equipment and balls will be provided by the Kids' Life Center. Gym equipment and balls should remain in the gymnasium.
- The mats must remain on the ground or on top of other mats. They may not be placed on top of scooters.
- There is to be no standing on the scooters or crashing the scooters into other children on scooters, the walls, or toys. 2 ways to use the scooters: on your bottoms or your tummy.
- Jump ropes are not to be tied to anything. Jump ropes, hula hoops nor gym mats may not be used to pull or push children on scooters.
- Ages 13 and up are allowed to access the Jr. Gym for Basketball or Pickleball during designated times. **Please see KLC Jr. Gym Schedule.**

Bounce House Rules

- ONLY allow 4 children in the bounce house at a time in a specific age group at a time. (i.e. Only 5-6 yr. old in for 10 minutes).
- A child will NOT be allowed to play in the Bounce House if appropriate play is not demonstrated. No rough play allowed in the bounce house.
- All children must wear socks in the bounce house.
- The KLC attendant will enforce: no flipping, kicking or tumbling allowed in the bounce house. When sliding in the bounce house, children should slide feet first.

- Our KLC Soft, shiny & colorful balls are the only objects allowed in the bounce house.

Climbing Wall Rules

- The wall is designed to climb horizontally never more than 2-3 feet from the floor and for climbers to be continuous as climbers' traverse from one end of the wall to the other.
- The wall is 8 ft. tall and designed for school- age children. The wall does not require a safety harness.
- Parents reserve the right to not allow their children on the climbing wall and the KLC team will abide.
- Climbing walls Rules will include, but will not be limited to the following rules:
 - a. Supervision required
 - b. Protective mats must be on floor
 - c. Remove all jewelry
 - d. Sneakers are required for climbing
 - e. No feet above white WALL line
 - f. No jumping off wall
 - g. Only 2-3 children at a time on the wall.
 - h. No climbing around, over or under another child.
 - i. Stay away from mat upon completion of your climb
 - j. Report any damaged equipment to the wall Supervisor.
 - k. Only children 7-12 are permitted on the climbing wall.
 - l. Have Fun!!

Children with Special Needs

- Parent should always be on premises (in case of an emergency).
- The parents **MUST** fill out a Special Needs Form. The purpose of the form is to find the child's individual needs and to kept on file that list the following:
 - child's specific disorder
 - the child's likes & dislikes.
 - identification of any other tools the KLC team can utilize to best accommodate the child's needs.
- Any accommodations that are unreasonable or out of the control of the center will not be permitted.

- Parents need to call ahead of time to make sure the center does have adequate supervision for their child, but if not notify the Supervisor immediately regarding supervision.
- If the child becomes disruptive or upset and cannot be helped, please contact the parent immediately.

Teens N' Training Program (TNT)

- Our transition program for teens ages 13 and up
- Empower your teen to embrace exercise while having fun and learning the fundamentals of fitness.
- Teens in Training program consists of 4, thirty-minute sessions designed to introduce your teen to the different aspects of fitness.
- Teens will be led by a degreed fitness professional through the five components of fitness with brief learning sessions and fun activities. Small group or individual sessions are formed based on the participant's availability. We will show your teen how to exercise correctly for the rest of their life.
- If you are 13 you must attend at least four sessions to qualify as an adult member of the Pavilion and to have access to the center.
- \$75 members and nonmembers
Contact 513-246-2645 to schedule your teen for TNT training with a fitness specialist.