

Two Ingredient Salsa Chicken

Hate to cook? This fool-proof option is for you! Prep a batch of this chicken and use leftovers throughout the week in various ways detailed below.

Ingredients:

1-1.5 lbs. boneless, skinless chicken breast
1 jar of your favorite salsa

Instructions: Pour thin layer of salsa in crock. Place raw chicken in single layer in crock and cover with remaining salsa. Put lid on crock pot and cook on high for 3-4 hours depending on thickness. Thermometer inserted into thickest part of breast should read 165 degrees. Shred cooked chicken with two forks or with a hand mixer.

Ways to serve it:

- On a bed of greens in a southwest-style salad topped with tomatoes, onions, peppers, roasted corn or black beans, and your favorite dressing
- In a quesadilla, served with a side of veggies
- Make street tacos or fajitas with corn tortillas and your favorite toppings. Serve with a side salad
- In a burrito bowl with your favorite toppings. Shown here with brown rice (use leftovers or frozen to save time), black beans, mini peppers, shredded cheese, plain Greek yogurt, cilantro, power greens, and a squeeze of lime.