



INTERNSHIP SESSIONS

Spring: <i>Application Deadline</i>	January - April <i>Dec. 1</i>
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Summer: <i>Application Deadline</i>	May - August <i>April 1</i>
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Fall: <i>Application Deadline</i>	Sept. - Dec. <i>August 1</i>
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Session dates may be adjusted for semester and quarter schedules. A minimum of 10 weeks/40 hours a week is required. Internships are unpaid.

To request application materials, contact:

LaShaunda Jones
TriHealth Fitness & Health
Pavilion 6200 Pfeiffer Rd.
Cincinnati, OH 45242
lashaunda_jones@trihealth.com
(513) 246 2647
Fax (513) 985-0918

EMPLOYMENT EXPERIENCE

Undergraduate and graduate students have the opportunity to gain experienced in the following areas:

- Fitness testing
- Corporate & commercial fitness center operations
- Special population programs
- Program Management
- New member orientations
- Fitness Center programs
- Exercise recommendations
- Incentive programs

- Equipment orientations
- Special event planning
- Sales & Marketing

Students will be exposed to a variety of corporate cultures and will gain comprehensive, hands-on experience necessary to enter the job market.

INTERNSHIP OPPORTUNITIES

TriHealth Fitness and Health Pavilion currently offer several types of internships:

- On-site Fitness
- Medically-based Fitness Center
- Medical Integration (work with Certified Athletic Trainers & Registered Dieticians; apply knowledge of anatomy and kinesiology to specific exercise prescription, etc.)
- Child & Adult Recreation Program Management
- Fitness Management/ Personal Training
- Group Fitness & Aquatics
- Marketing, Sales, Promotion & Communication
- Day Spa Management
- Business Operation Management

Many of our scheduled part-time and full-time staff are former TriHealth interns. We hope you will join us!