



TriHealth Digestive Institute

Physician Directory and Patient Guide



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Welcome to TriHealth Digestive Institute

Thank you for choosing our office for your gastrointestinal care. We appreciate the trust you have placed in us and we look forward to helping you. Our goals are to provide you with excellent and affordable health care as well as to exceed your expectations in a comfortable and convenient manner.

Please take your time to review this brochure as it has been designed to help you familiarize yourself with our practice and our policies. Also feel free to visit our web site for more detailed information at TriHealth.com.

About Us

At TriHealth Digestive Institute, we work hard to make sure we are providing you with the most advanced treatments available for your digestive needs. Our physicians are Board Certified in Gastroenterology and Hepatology and strive to provide appropriate and compassionate care to all of our patients. Over the years, we have helped hundreds of thousands of people just like you. Our doctors enjoy making a difference by restoring health and providing relief, especially to those who thought they couldn't be helped.

Within our group of physicians you will find that we are not only able to treat common gastrointestinal problems but also treat patients with more severe diagnoses such as pancreatitis, pancreatic cancer, Crohn's disease and hepatitis to name a few.

We look forward to providing you compassionate, friendly and comprehensive care from your first phone call to our office until your last treatment visit with us.

Common Services We Provide

Colonoscopy

Colonoscopy is the visual examination of the large intestine or colon. Frequently used as a screening tool for colorectal cancer, it also is a diagnostic tool for rectal bleeding, change of bowel habits and other disorders of the colon and rectum. This test is performed on an outpatient basis and patients are sedated with a short recovery time. This test is performed at most local hospitals and outpatient surgery centers.

Upper Endoscopy (EGD)

Esophagogastroduodenoscopy is the visual examination of the esophagus, stomach and duodenum. This test, using a flexible scope, is used to evaluate such conditions as heartburn, ulcers, abdominal pain and other upper digestive disorders. This test takes roughly 15 minutes and is done under sedation. It is also performed at most local hospitals and in outpatient surgery centers.

Endoscopic Retrograde Cholangio Pancreatography (ERCP)

ERCP is a technique that gives doctors the capability of gaining access to the bile ducts and pancreas. This procedure is commonly used to remove gallstones from the bile ducts and evaluate for cancer in these regions. Dr. Tariq Shakoor and his colleagues have the most experience in this procedure in the Tristate area and region.

Endoscopic Ultrasound (EUS)

EUS is a flexible scope that combines an endoscopy with an ultrasound examination. This allows physicians to visualize the lining of the intestine and just outside the intestine in ways never before seen by a standard x-ray. This procedure can biopsy nodes and actually save a patient from having surgery if the node isn't cancerous. We have more physicians able to perform this test in our practice than any other private practice in the Tristate area.

Capsule Endoscopy

Capsule Endoscopy allows the visualization of the small bowel by swallowing a tiny camera (pill) that takes pictures and transmits them to a recorder the patient wears. This test is often done to evaluate intestinal bleeding and Crohn's disease.

Hepatology

TriHealth Digestive Institute is one of the leaders in Cincinnati in evaluating patients with liver diseases and abnormalities in liver function tests. We have two highly trained and experienced hepatologists, Dr. Fred Weber and Dr. Raja Chadalavada. Both physicians also specialize in Transplant Hepatology.

Clinical Research

TriHealth Digestive Institute offers many clinical research opportunities for patients to participate in new trials of emerging medications and new technologies.

Diagnostic Evaluation

TriHealth Digestive Institute is a leader in the Tristate area in evaluating digestive disorders. We specialize in patients with irritable bowel syndrome, inflammatory bowel disease, diverticulosis, heartburn/acid reflux, colon cancer screening, stomach ulcers, constipation, swallowing problems and many other digestive problems.

Our Physicians Make the Difference

The physicians of the TriHealth Digestive Institute have been named Top Docs on an annual basis by *Cincinnati Magazine*.



Greg Anderson, MD

Doctor of Medicine: University of Cincinnati, Cincinnati, OH

Residency: The Christ Hospital, Cincinnati, OH

Fellowship: The Cleveland Clinic Foundation, Cleveland, OH

Certified: American Board of Gastroenterology



Raja Chadalavada, MD

Doctor of Medicine: Kasturba Medical College, Manipal University, India

Residency: Mercer University School of Medicine, Macon, GA

Gastroenterology Fellowship: Case Western Reserve University, Cleveland, OH

Hepatology Fellowship: University of Pittsburgh, Pittsburgh, PA

Certified: American Board of Gastroenterology



Howard Deckter, MD

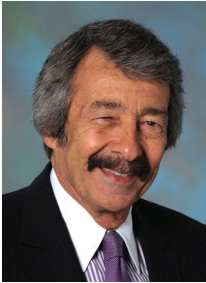
Doctor of Medicine: Indiana University School of Medicine, Bloomington, IN

Internship: University of Southern California Medical Center, Los Angeles, CA

Residency: University of Southern California Medical Center, Los Angeles, CA

Fellowship: University of Cincinnati, Cincinnati, OH (Gastroenterology)

Certified: American Board of Gastroenterology



Steven Fessler, MD

Doctor of Medicine: Indiana University School of Medicine, Bloomington, IN

Internship: Marion County General Hospital, Indianapolis, IN

Residency and Fellowship: University of Cincinnati, Cincinnati, OH

Certified: American Board of Gastroenterology

Director: Endoscopy Department of Bethesda Hospitals



Michel Ghastine, MD

Doctor of Medicine: Saint Joseph University, Lebanon

Internship and Residency: Columbia University, New York, NY

Internal Medicine: Private Practice, MI

Fellowship: University of Wisconsin, Madison, WI (Gastroenterology)

Certified: American Board of Gastroenterology



Nav K. Grandhi, MD

Doctor of Medicine: Calcutta University, Calcutta, India

Internship and Residency: Wright State University, Dayton, OH

Fellowship: Wright State University (Gastroenterology)

Certified: American Board of Gastroenterology

Postgraduate: Northeastern Ohio University College of Medicine, Department of Microbiology and Immunology



Carmen Meier, MD

Doctor of Medicine: University of Cincinnati, Cincinnati, OH

Internship and Residency: University of Pittsburgh Medical Center, Pittsburgh, PA

Fellowship: University of Pittsburgh Medical Center, (Gastroenterology)

Fellowship: University of Colorado Health Science Center, Denver, CO (Therapeutic Endoscopy)

Certified: American Board of Gastroenterology



Maritza Palusiak, MD

Doctor of Medicine: Xavieriana University, Colombia

Residency: National Cancer Institute, Colombia

Awarded: Chief of Residents

Internal Medicine Residency: Wright State University, Dayton, OH

Fellowship: Wright State University (Gastroenterology)

Certified: American Board of Gastroenterology



Allan L. Peck, MD

Bachelor of Arts: Duke University, Durham, NC

Doctor of Medicine: University of Cincinnati, Cincinnati, OH

Internship and Residency: The George Washington University Medical Center, Washington, D.C.; honored as one of the top five residents

Fellowship: University of Maryland, Baltimore, MD (Gastroenterology)

Postgraduate: Physician Leadership and Management Program, Xavier University, Cincinnati, OH

Certified: American Board of Gastroenterology

Awarded: Teacher of the Year, Bethesda Family Practice Residency Program, Four Years Running



Tariq Shakoor, MD

Doctor of Medicine: Dow Medical College, University of Karachi, Pakistan

Residency: McKeesport Hospital Department of Medicine, Pittsburgh, PA

Fellowship: Division of Gastroenterology, Department of Medicine, Case Western Reserve University, Cleveland, OH

Certified: American Board of Gastroenterology

Awarded: University Gold Medal for highest grades in Internal Medicine

Former Associate of Clinical Medicine and Director of Biliary Endoscopy: University of Cincinnati College of Medicine, Cincinnati, OH



Manojkumar Singh, MD

Doctor of Medicine: Seth G.S. Medical College, Mumbai University, India

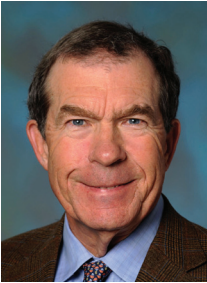
Internship and Residency: Lincoln Hospital, affiliated with Cornell University, New York, NY

Chief Resident: Lincoln Hospital, affiliated with Cornell University, New York, NY

Internal Medicine: Private Practice, MS

Fellowship: State University of New York, Brooklyn, NY (Gastroenterology)

Certified: American Board of Gastroenterology



Fredrick L. Weber, MD

Bachelor of Arts: Wesleyan University, Middletown, CT

Doctor of Medicine: Cornell University Medical College, New York, NY

Internship and Residency: Bellevue Hospital, New York University Medical Center, New York, NY

Fellowship: Johns Hopkins University, Baltimore, MD; Associate Professor of Medicine with tenure at University of Kentucky; Case Western Reserve University, Cleveland, OH; and the University of Cincinnati

Certified: American Board of Gastroenterology



Ronald J. Weisenberger, MD

Doctor of Medicine: University of Cincinnati, Cincinnati, OH

Internship and Residency: The Christ Hospital, Cincinnati, OH

Fellowship: University of Cincinnati, Cincinnati, OH

Certified: American Board of Gastroenterology

Office Locations

10600 Montgomery Road
Suite 200

Cincinnati, OH 45242

Greg Anderson, MD

Howard Deckter, MD

Steven Fessler, MD

Nav K. Grandhi, MD

Carmen Meier, MD

Maritza Palusiak, MD

Allan L. Peck, MD

Tariq Shakoor, MD

Fredrick L. Weber, MD

796 Old State Route 74

Batavia, OH 45245

Greg Anderson, MD

4130 Dry Ridge Road

Cincinnati, OH 45252

Manojkumar Singh, MD

4750 E. Galbraith Road, Suite 206

Cincinnati, OH 45236

Fredrick L. Weber, MD

5525 Marie Avenue

Cincinnati, OH 45248

Michel Ghastine, MD

Manojkumar Singh, MD

5575 Cheviot Road

Cincinnati, OH 45247

Manojkumar Singh, MD

6045 Bridgetown Road

Cincinnati, OH 45248

Michel Ghastine, MD

6350 Cheviot Road

Cincinnati, OH 45247

Michel Ghastine, MD

Manojkumar Singh, MD

6350 Glenway Avenue, Suite 205

Cincinnati, OH 45211

Michel Ghastine, MD

6949 Good Samaritan Drive

Cincinnati, OH 45247

Manojkumar Singh, MD

8000 Five Mile Road, Suite 250

Cincinnati, OH 45230

Greg Anderson, MD

9400 Reading Road

Cincinnati, OH 45215

Allan L. Peck, MD

9403 Kenwood Road, Suite 208C

Cincinnati, OH 45242

Nav K. Grandhi, MD

10675A Loveland Madeira Road

Cincinnati, OH 45140

Nav K. Grandhi, MD

945 Deis Drive

Fairfield, OH 45014

Maritza Palusiak, MD

2740 Mack Road, Suite 305
Fairfield, OH 45014
Fredrick L. Weber, MD

3145 Hamilton Mason Road
Hamilton, OH 45011
Ronald J. Weisenberger, MD

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Hamilton, OH 45011
Maritza Palusiak, MD

10450 New Haven Road
Harrison, OH 45030
Manojkumar Singh, MD

100 Arrow Springs Drive, Suite 2800
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Steven Fessler, MD
Carmen Meier, MD

770 Reading Road, Suite A
Mason, OH 45040
Ronald J. Weisenberger, MD

7423 S. Mason Montgomery Road
Suite B
Mason, OH 45040
Allan L. Peck, MD

9313 Mason Montgomery Road
Suite 250
Mason, OH 45040
Nav K. Grandhi, MD

5861 Cinema Drive
Milford, OH 45150
Maritza Palusiak, MD

1430 Columbus Avenue
Washington Court House, OH 43160
740 333 2755
Maritza Palusiak, MD
Allan L. Peck, MD
Tariq Shakoor, MD

7589 Tylers Place Boulevard
West Chester, OH
Carmen Meier, MD
Maritza Palusiak, MD

8859 Brookside Drive, Suite 101
West Chester, OH 45069
Allan L. Peck, MD

98 Elm Street, Suite 310
Lawrenceburg, IN 47025
812 537 5558
Raja Chadalavada, MD
Steven Fessler, MD
Nav K. Grandhi, MD
Manojkumar Singh, MD

Hospitals

All of our doctors are credentialed at the following hospitals for coverage:

Bethesda Butler County Hospital

Bethesda North Hospital

Dearborn County Hospital

Fayette County Hospital (Dr. Palusiak, Dr. Peck and Dr. Shakoor only)

Fort Hamilton Hospital

Good Samaritan Hospital

Mercy Western Hills

They are also credentialed at the facilities listed below. These are facilities that our physicians either own or have an ownership interest. We refer patients to these facilities in connection with their care and treatment.

Endoscopy Center North

Surgery Center of Evendale

Westside Endoscopy

Appointments and Scheduling

When applicable, appointments are scheduled in advance. If there is an urgent situation, every effort will be made to evaluate the problem in the office or at the hospital. During our office hours every effort is made to stay on schedule, however, emergencies occur and our physicians can be delayed. Please provide information when you might be reached prior to your appointment and feel free to call us to confirm your appointment status. Please bring the following items to your first appointment:

- Verification of your insurance information (insurance card). We periodically will copy your insurance card to help us better ensure that we have the most up-to-date information.
- A picture I.D.
- Payment for your services.
- Verification of all other demographic information such as current address, phone numbers, etc.

Additionally, please provide the following information at least 5 days prior to your appointment: (we ask for these items in advance so that we can put together your information before your visit and allow our staff and physicians adequate time to review your results)

- Completed medical history form, including a list of medications and dosages.
- Any lab work or x-rays that are related to the problem you are being seen for at your visit.

These forms will either be mailed to you before your appointment, or you may complete them online at our web site at TriHealth.com.

Cancellation Policy

Please be advised that our office requires a 72-hour notice if you have to cancel your procedure and a 48-hour notice if you have to cancel an office visit. If you do not give adequate notification, you could be charged a \$75 processing fee. This fee will not be covered by your insurance company and will be your sole responsibility. Please bear in mind this is only being done to better serve our patients so that all patients can be seen in a more timely fashion. Follow up and/or future appointments can be made by calling our main number at 513 794 5600 or in Indiana at 812 537 5558.

Prescriptions

Please call us for your prescription refills during our regular business hours Monday through Friday 9 a.m. until 5 p.m. **Request should be made at least one week before your supply is gone.** This is necessary because many drugs now require ongoing pre-certifications and insurance companies oftentimes can take at least a week to allow a prescription. When calling for your refills, please provide your name and birthdate, pharmacy name, phone number, prescription name, dosage, and how often you take it. Our office policy is that no prescription can be filled if the patient hasn't been seen in the office in the past year. This is for your safety and to ensure your overall health is being monitored with the medications you are taking.

Insurance and Payments

TriHealth Digestive Institute participates with most insurance carriers. However, you should always check with your insurance carrier to make sure we are participating before beginning your treatment. It is also important to understand your benefits before being seen as many insurance companies have different items that are covered and that are not covered. Knowing your insurance benefits and networks are your responsibility. As a service to you, we will bill your primary health insurance as well as file the claim to your secondary insurance if applicable.

We ask that all payments be paid at the time of service when applicable. Once your insurance company pays, you will begin to receive your monthly statement. All payments are due upon receipt. Our office accepts Visa and Mastercard and we also offer quick pay services. We are able to work with patients that require payment plans and do offer some limited discounts for up-front payments for self-pay patients. If your account goes unpaid and we are forced to turn your account over to our collection agency, you will not be able to be seen again by this practice until you pay your bill. Furthermore, you could also be responsible for collection costs that are submitted to our company.

It is our policy to charge \$35 for completion of all disability application forms and \$45 for completion of FMLA paperwork. Our billing department is available to answer any questions or concerns that you may have on your account. The telephone number for our billing department is 513 794 5600 ext 4. Thank you for understanding our payment policy. Please let us know if you have any questions or concerns.

Polyp Definitions

Adenomatous Polyp

A growth of tissue in the lining of the colon that has the potential to turn into a cancer. Most adenomatous polyps do not turn into cancer, but some can if not removed at the time of colonoscopy. People with adenomatous polyps require a follow-up colonoscopy since they are at risk of developing new polyps as time goes on.

Hyperplastic Polyp

A growth of tissue in the lining of the colon that does not have the potential to turn into a cancer. These polyps do not need any additional follow-up beyond the AGA guidelines of ten years, unless there are other risk factors involved such as family history, or previous adenomatous polyp.

Serrated Hyperplastic Polyp

A tissue growth in the variant form of the hyperplastic polyp but are more associated with increased risk for malignant transformation. Current follow-up colonoscopy recommendations are similar to those suggested for adenomatous polyps.

Family Concerns

If you have an adenomatous polyp removed from your colon during your procedure, this significantly increases the risk of colon polyps and cancer in your first-degree adult relatives (parents, siblings and children—usually over 35 years of age but can occur younger). Upon receiving your test results, if you have this type of polyp, it is our recommendation that you contact these family members and strongly encourage them to also undergo a colonoscopy procedure.

Personal Health Results Record

Please keep this information to record your procedural results. The typical protocol for receiving your results is to contact our office five business days after your procedure. At that time please record the following information for your own records.

Date of procedure: _____

Procedure: Colon EGD

Biopsy taken: Yes No

Biopsy results: Normal Precancerous Cancer

Polyps removed: Yes No

Type of polyps removed: Hyperplastic Adenomatous

Serrated Hyperplastic Other (within normal limits)



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