

Esophagogastroduodenoscopy (EGD)

Preparation Instructions

No shows or cancellations with less than 72 hours' notice will result in a \$100 cancellation fee. This charge is not covered by insurance and will be an out-of-pocket expense.

Today – Plan ahead

- ☐ Review medications that will need to be stopped or adjusted for your procedure. **You will receive a call from a nurse at the facility where your procedure is being performed with additional medication instructions.**
- ☐ Arrange for a responsible adult (18+ years of age) to remain at the facility during your procedure and drive you home. You will be drowsy from sedation making it unsafe for you to drive. Sedation can impair your reaction time, judgement, and alertness increasing the likelihood of accidents on the road and risk of harm to yourself and others. You may arrange for a taxi, ride share (Lyft®, Uber®, etc.), or medical transport only if another responsible adult is riding with you after your visit. Your procedure will be canceled if responsible transportation cannot be arranged.

1 Week Before

- ☐ **STOP** taking oral iron supplements, fiber, probiotics and over-the-counter vitamins.
- ☐ Review medications that will need to be temporarily **stopped or adjusted**. These include:
 - **Blood thinners** (such as Coumadin®, Eliquis®, Xarelto®, Pradaxa®, Effient®, Brilinta®)
 - **GLP-1 medications** (such as Ozempic®, Wegovy®, and Mounjaro®).
 - If you are on medication(s) to manage **diabetes**, your medication(s) may need to be adjusted.

Examples of approved clear liquids (No red dye)

- | | |
|--|---|
| ✓ Water | ✓ Clear broth (vegetable, beef, chicken) |
| ✓ Sports drinks (Gatorade®, Powerade®) | ✓ Gelatin (Jell-O®) |
| ✓ Black coffee or tea | ✓ Popsicles, Italian ice, sorbet |
| ✓ Soft drinks | ✓ Clear juice (apple, white grape, white cranberry) |

Esophagogastroduodenoscopy (EGD)

Preparation Instructions

The Day Of

MORNING	☐ <u>DO NOT eat any solid food today.</u> You may have clear liquids until 4 hours before your arrival time. AVOID red colored liquids, dairy (milk, creamer), juice with pulp, liquids you cannot see through.
	☐ DO NOT consume alcohol or use marijuana/THC products today. These products interact with anesthesia and prevents you from signing consent. Your procedure will be cancelled.
4 hours before arrival time	☐ <u>DO NOT take anything else by mouth. This includes food, water, drinks, gum, candy, lozenges, smoking, and vaping.</u>
What to bring with you	☐ Bring the following with you to your procedure location: - o Responsible adult (18+ years of age) to accompany you and drive you home. - o A list of all medications you are taking, including over-the-counter medications and supplements. - o Your insurance card. - o A photo ID.

For questions contact us at 513 853 3636 or visit <https://www.trihealth.com/institutes-and-services/gastroenterology/patient-information> On weekends and after 4 PM on weekdays, call our afterhours number at 513 853 9250.

Endoscopy Locations

Anderson Surgery Center

7810 Five Mile Road
Building C
Cincinnati, OH 45230
513 977 9700

Bethesda Butler Hospital

3145 Hamilton Mason Road
Hamilton, OH 45011
513 894 8888

Bethesda North Hospital

10500 Montgomery Road
Cincinnati, OH 45242
513 865 1111

Good Samaritan Endoscopy Center North

10600 Montgomery Road
Suite 101
Cincinnati, OH 45242
513 794 5680

Good Samaritan Hospital

375 Dixmyth Avenue
Cincinnati, OH 45220
513 862 1400

Good Samaritan Surgery Center West

3660 Edgewood Drive
Monfort Heights, OH 45211
513 591 6219

McCullough-Hyde Memorial Hospital

110 N. Poplar Street
Oxford, OH 45056
513 523 2111