



# Community Resources



For mental health, substance abuse, and transportation services contact your health insurance provider. For a complete general resource finder call 211 for United Way or search by zip code on [FINDHELP.ORG](http://FINDHELP.ORG)

**\* Call 911 in active crisis \***

## Domestic Violence

- Women Helping Women ..... 513 381 5610  
[www.womenhelpingwomen.org](http://www.womenhelpingwomen.org)
- YWCA of Greater Cincinnati ..... 513 872 9259  
[www.ywcacincinnati.org](http://www.ywcacincinnati.org)

## Food Resources

- Free Store Foodbank ..... 513 482 4500  
[www.freestorefoodbank.org](http://www.freestorefoodbank.org)
- Council on Aging (Meals on Wheels) ..... 513 721 1025  
[www.help4seniors.org](http://www.help4seniors.org)
- The Social Care Network  
[www.findhelp.org](http://www.findhelp.org)  
Search for pantries and assistance by zip code.
- Ohio Department of Job & Family Services ..... 1 844 640 6446  
[www.jfs.ohio.gov](http://www.jfs.ohio.gov)  
Apply for SNAP or food stamps.
- Meals on Wheels American  
[www.mealsonwheelsamerican.org](http://www.mealsonwheelsamerican.org)

## Housing

- Butler County Metropolitan Housing ..... 513 896 4411  
[www.butlermetro.org](http://www.butlermetro.org)
- Central Access Point Helpline ..... 513 381 SAFE  
[www.strategiestoendhomelessness.org/](http://www.strategiestoendhomelessness.org/)  
Centralized shelter assistance.
- Clermont County Metropolitan Housing ..... 513 732 6010  
[www.clermontmha.org](http://www.clermontmha.org)
- Department of Housing & Urban Development  
[www.hud.gov/states/ohio](http://www.hud.gov/states/ohio)
- Hamilton County Metropolitan Housing ..... 513 721 4580  
[www.cintimha.org](http://www.cintimha.org)
- Greater Cincinnati Homeless Coalition ..... 513 421 7803  
<https://cincihomeless.org/>
- People Working Cooperatively ..... 513 351 7921  
<http://www.pwchomerepairs.org/>
- Warren County Metropolitan Housing ..... 513 695 3380  
[www.warrenmha.org](http://www.warrenmha.org)

## Insurance

Please contact the phone number on the back of your insurance card to find out about your personal benefits.

- Health Exchange ..... 1 800 318 2596  
<https://www.healthcare.gov>  
Apply during open enrollment/after a qualifying life event.
- Medicare ..... 1 800 633 4227  
<https://www.medicare.gov/>
- Ohio Medicaid ..... 1 844 640 6446  
<https://jfs.ohio.gov/ofam/index.stm>
- OSHIIP ..... 1 800 686 1578  
<https://insurance.ohio.gov/about-us/divisions/oshiip>  
Free health insurance education for Medicare recipients.

## Legal Resources

- Pro Senior Inc. .... 513 345 4160  
[www.proseniors.org](http://www.proseniors.org)  
Legal Helpline for Ohio Residents age 60 and over.
- Legal Aid Society of Greater Cincinnati ..... 800 582 2682  
[www.lascinti.org](http://www.lascinti.org)
- Ohio Legal Help ..... [www.ohiolegalhelp.org](http://www.ohiolegalhelp.org)

## Medication Assistance

- Good Rx – Medication Coupon Search ..... 1 855 268 2822  
[www.goodrx.com](http://www.goodrx.com)
- Needy Meds ..... 1 800 503 6897  
[www.needymeds.org](http://www.needymeds.org)  
A comprehensive search for medication assistance.
- St. Vincent DePaul Pharmacy ..... 513 562 8841  
[www.svdpcincinnati.org/pharmacy](http://www.svdpcincinnati.org/pharmacy)

**Tips for faster assistance**

- Have a valid ID, your birth certificate, & social security card.
- Apply for assistance immediately.
- Apply for health insurance as soon as possible.
  - There is no cost insurance for individuals with low or no income.
- Seek case management or professional help to guide you.

Income guidelines apply.

## Mental Health & Substance Abuse

Bethesda Drug and Alcohol Treatment..... 513 589 6011  
[www.trihealth.com](http://www.trihealth.com)

Greater Cincinnati Behavioral Health Services ...513 354 5200  
[www.gcbhs.com](http://www.gcbhs.com)

Mental Health Access Point.....513 558 8888  
[www.mentalhealthaccesspoint.org](http://www.mentalhealthaccesspoint.org)

NAMI – Southwest Ohio..... 513 351 3500  
[www.namiswaoh.org](http://www.namiswaoh.org)

Psychology Today  
[www.psychologytoday.com](http://www.psychologytoday.com)  
*Search for mental health providers by zip code*

SAMHSA  
[www.samhsa.gov](http://www.samhsa.gov)  
*Mental health & substance abuse provider search*

Talbert House.....513 281 2273  
<https://www.talberthouse.org/>

## Mobile Crisis – County Specific

Butler Co. Mobile Crisis ..... 1 844 427 4747

Clermont & Brown Co. Mobile Crisis..... 513 528 7283

Hamilton Co. Mobile Crisis .....513 584 5098

Warren & Clinton Co. Mobile Crisis .....1 877 695 6333

## Rent & Utility Assistance

Butler Co. Community Action (SELF)..... 513 868 9300  
[www.selfhelps.org](http://www.selfhelps.org)

Clermont Co. Community Service, Inc .....513 732 2277  
[www.cccsi.org](http://www.cccsi.org)

Hamilton Co. Community Action.....513 569 1840  
[www.cincy-caa.org](http://www.cincy-caa.org)

Saint Vincent DePaul..... 513 562 8841  
[www.svdpcincinnati.org](http://www.svdpcincinnati.org)

The Salvation Army.....513 762 5660  
[www.easternusa.salvationarmy.org/greater-cincinnati](http://www.easternusa.salvationarmy.org/greater-cincinnati)

Warren Co. Community Services, Inc..... 513 695 2100  
[www.wccsi.org](http://www.wccsi.org)

## Senior Resources

Council on Aging ..... 513 721 1025  
[www.help4seniors.org](http://www.help4seniors.org)

Butler Co. Elderly Services/Lifespan..... 513 868 9281  
[www.butlercountyohio.org/elderlyservices](http://www.butlercountyohio.org/elderlyservices)

Clermont Senior Services.....513 724 1255  
[www.clermontseniors.com/](http://www.clermontseniors.com/)

Hamilton Co. Elderly Services.....513 721 1025  
[www.help4seniors.org](http://www.help4seniors.org)

Warren Co. Elderly Services.....513 695 2271  
[www.co.warren.oh.us/ElderlyServices.aspx](http://www.co.warren.oh.us/ElderlyServices.aspx)

## Social Security

Social Security Administration..... 1 800 772 1213  
<https://www.ssa.gov/>

## Transportation

Butler County Regional Transit Authority .....513 785 5237  
[www.butlercountyrta.com](http://www.butlercountyrta.com)

Clermont Transportation Connection .....513 732 7433  
[www.ctc.clermontcountyohio.gov](http://www.ctc.clermontcountyohio.gov)

Hamilton – Metro ..... 513 621 4455  
[www.go-metro.com](http://www.go-metro.com)

Warren County Transit Service .....513 695 2980  
[www.co.warren.oh.us/transit](http://www.co.warren.oh.us/transit)

Hamilton – Home 52..... 513 621 4455  
[www.home52.org](http://www.home52.org)  
*Provides low-cost transportation options to older adults and people with disabilities.*

## Veteran's Resources

Cincinnati VA Medical Center ..... 513 861 3100  
[www.va.gov/cincinnati-health-care](http://www.va.gov/cincinnati-health-care)

Veteran Benefits .....1 800 698 241  
[www.va.gov/health-care/apply/application](http://www.va.gov/health-care/apply/application)

Veteran Crisis Line ..... 988 Press 1 Text: 838255  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Volunteers of America .....513 322 5170  
[www.voahin.org](http://www.voahin.org)

## Vision & Dental

Cincinnati Health Department Dental Services .. 513 357 7320  
[www.cincinnati-oh.gov/health](http://www.cincinnati-oh.gov/health)  
*Multiple locations*

Greater Cincinnati Association for the Blind ..... 513 221 8558  
[www.cincyblind.org](http://www.cincyblind.org)

Roselawn Eye Clinic ..... 513 654 2216  
[www.ceifoundation.org](http://www.ceifoundation.org)

University Dental Clinic .....513 584 6650  
[www.uhealth.com/services/dental-center](http://www.uhealth.com/services/dental-center)

Vision Coalition of Cincinnati (Lion's Club) .....513 322 5170  
[www.vcgc.org](http://www.vcgc.org)

Inclusion in this listing is not endorsed by TriHealth. Resources subject to change without notice. Income guidelines may apply for some services/agencies.