

TriHealth presents:

CarFit

CarFit is an educational program developed by AAA, AARP and the American Occupational Therapy Association.



CarFit is a FREE, interactive and educational program that teaches participants how to make their personal vehicle “fit” them to increase safety and mobility when they hit the road.

- Review 12 key areas of your fit to your car such as adequate space from the steering wheel, proper seat belt use, and properly adjusted head restraints.
- Learn how to use and adjust your safety devices.
- Each checkup takes about 20 minutes — this is not a driving test or mechanical inspection.

Reserve your spot today. Space is limited.



Upcoming CarFit Event

Monday July 8, 2024

1:00p.m. – 3:00p.m.

**Amberley Village
Police/Fire Department
7149 Ridge Road
Cincinnati, Ohio 45237**

Reserve online at
TriHealth.com/SeniorityClasses
or call 513 569 5400

TriHealth.com