

TriHealth presents:

# CarFit

CarFit is an educational program developed by AAA, AARP and the American Occupational Therapy Association.



CarFit is a FREE, interactive and educational program that teaches participants how to make their personal vehicle “fit” them to increase safety and mobility when they hit the road.

- Review 12 key areas of your fit to your car such as adequate space from the steering wheel, proper seat belt use, and properly adjusted head restraints.
- Learn how to use and adjust your safety devices.
- Each checkup takes about 20 minutes — this is not a driving test or mechanical inspection.

Reserve your spot today. Space is limited.



## Upcoming CarFit Event

**Tuesday November 19, 2024**

**1:00p.m. – 3:00p.m.**

**Green Township Senior Center  
3620 Epley Lane  
Cincinnati, Ohio 45247**

Reserve online at  
[TriHealth.com/SeniorityClasses](https://TriHealth.com/SeniorityClasses)  
or call 513 569 5400

TriHealth.com