

# Why does breast density matter?

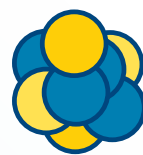
## 4 facts all women should know:



Breasts are made of fat and glands held together by fibrous tissue. The more glands and fibrous tissue, the denser the breast tissue.

# 40+

Dense breasts are normal. In fact, almost half of all women over 40 have dense breasts.



Dense breasts are a risk factor for cancer.



Dense breasts make it harder for radiologists to see early-stage cancer on a mammogram.

## HOW DENSE ARE YOU?



### What does that mean?

Women with dense breast tissue should discuss their overall risk level for breast cancer with their health care provider and determine if other tests like breast ultrasound or MRI would be recommended.



Scan the QR code to learn more about dense breast tissue.



[TriHealth.com/BreastCare](https://TriHealth.com/BreastCare)