

Please fill out the information below prior to our appointment.

Date of Appointment: _____

Pre-appointment Questions for Outpatient Dietitian Appointment

1. Have you ever received diet education from a Registered Dietitian?

Circle one: Yes or No

2. How ready are you to make changes to your current diet?

Circle one option: unlikely, likely, very likely

3. Are there additional nutrition topics you would like to cover in the session?

Please list a maximum of three:

1.

2.

3.

4. In 1-2 sentences please explain what you expect to get out of your education session.

