VOICE HANDICAP INDEX

Name:			Date:				_	
			escribe their voices and the ow frequently you have the				thei	r
0-never	1-almost never	2-sometimes	3-almost always	4-always				
Part I-F								
•	es it difficult for people to			0	1	2	3	4
	fficulty understanding m			0	1	2	3	4
My family has difficulty hearing me when I call them throughout the house.					1	2	3	4
	e less often than I would			0	1	2	3	4
	groups of people becau			0	1	2	3	4
	ends, neighbors, or rela		•	0	1	2	3	4
	to repeat myself when		ace.	0	1	2	3	4
•	ulties restrict my person conversations because			0	1	2	3	4
	em causes me to lose ir			0	1	2	3	4
iviy voice probi	em causes me to lose ii	icome.	SUBT				3	_+
			CODI	017				—
Part II-P								
I run out of air	when I talk			0	1	2	3	4
	ny voice varies through	out the day		0	1	2	3	4
	/hat's wrong with your v			0	1	2	3	4
	/ voice sounds creaky and dry.				1	2	3	4
•	voice sounds creaky and dry. el as though I have to strain to produce voice. 0 1 2 0 1 2					3	4	
	ny voice is unpredictable			0	1	2	3	4
	try to change my voice to sound different.				1	2	3	4
	eal of effort to speak.			0	1	2	3	4
My voice is wo	rse in the evening.			0	1	2	3	4
My voice "gives	s out" on me in the midd	lle of speaking.		0	1	2	3	4
			SUBT	OTA	L _			
Part III-E		, .		Τ.		_		_
	en talking to others beca	iuse of my voice.		0	1	2	3	4
	ritated with my voice.			0	1	2	3	4
	ple don't understand my	y voice problem.		0	1	2	3	4
My voice proble	oing because of my voic	o problem		0	1	2	3	4
	es me feels handicapped			0	1	2	3	4
	when people ask me to			0	1	2	3	4
	sed when people ask m			0	1	2	3	4
	es me feel incompetent.	io to ropout.		0	1	2	3	4
	of my voice problem.			0	1	2	3	4
	.,		SUBT					<u> </u>
								_
			TO	DTAI	L			

Score Range	Severity	Common Association	
0-30	Mild	Minimal amount of handicap	
31-60	Moderate	Often seen in patients with vocal nodules, polyps, or cysts	
60-120	Severe	re Often seen in patients with vocal fold paralysis or severe vocal fold scarring.	

The Voice Handicap Index (VHI): Development and Validation. Barbara H. Jacobson, Alex Johnson, Cynthia Grywalski, Alice Silbergleit, Gary Jaconsen, Michael S. Benninger. American Journal of Speech-Language Pathology, Vol 6(3), 66-70, 1997, The Voice Handicap Index is reprinted with permission from all authors and ASHA. Copyright 1997-2001 American Speech-Language-Hearing Association.