

TALKING ABOUT BEHAVIOR

When addressing difficult behavior, certain language can make a child feel personally attacked, causing shame and denial. Carefully choose language that focuses on problem-solving, avoids placing blame, and doesn't contain absolutes.

say this

I noticed that sometimes...

How can I help?

It makes me feel ... when ...

It makes sense that you feel...

What is different about...

not this

Why do you always...

You always...

Every time I ... you...

You are being...

You never...