

### Free Health Center

The Good Samaritan Free Health Center is the only free health center in Southwest Ohio and the largest urban free health center in the entire state. The Center believes in combating illness of the body, mind, and spirit to eliminate the negative effects of diseases that take hold of our community. With the help of volunteer practitioners and generous donors the Good Samaritan Free Health Center provides care to the uninsured and disadvantaged members of our community who need it most.



In **Cincinnati**, a person with lower income will die approximately **8.5 years before** a person with higher income

"We are here to provide care for the people that fall through the cracks of society. We want to improve the health of our entire community." - Volunteer



### Health Starts Here

I went to the center for a checkup. I've been overweight for years, and I'm often tired, but when I found out that I had Type II Diabetes, I was scared. I am responsible for my wife and grandkids. I'm the only person that can look after them. I didn't have a job because of the pain in my knee, I just lost a friend to a heroin overdose, and I really couldn't see how I could handle this added problem in my life. But the staff calmed me down. They helped me establish a treatment plan and set up appointments for me to to work with a dietitian and a therapist and established a plan to help me quit smoking. After following the treatment plan, I started to lose weight, I quit smoking, I needed fewer medications, and I was able to get a job, all thanks to the support of the doctors, nurses, and staff at the center. **– Patient** 



"When I began regularly caring for Jane, we were working on treating her anxiety and depression. She had very recently left an abusive marriage, and Jane was recovering from alcohol addiction. Everything seemed to be going well, and then Jane stopped coming to see me. My efforts to reach her were unsuccessful, but then a month later, Jane called me to say she was drinking again and needed help. I saw her right away and immediately enrolled her in a treatment program. We resumed our counseling sessions, and I'm proud to say that Jane is sober and doing well. Something she told me really stuck with me: 'If it weren't for you, I would be dead.' I think of Jane's words often and remind myself how important the work we do really is." Staff Social Work Counselor

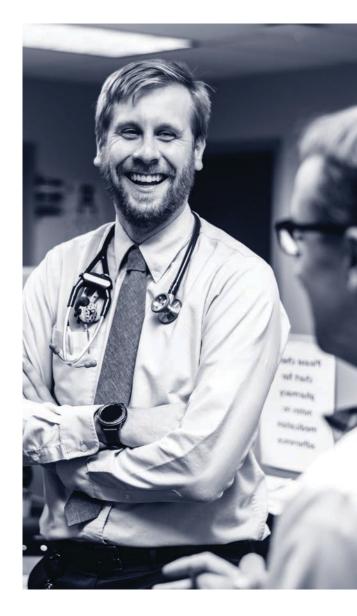


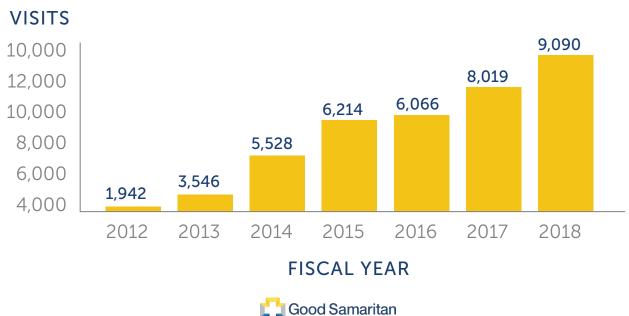
# Community Strength is Our Strength

Since we were founded in 1986, the Good Samaritan Foundation has been focused on transforming the health and wellness of our community. We stand behind our conviction to always care for our neighbors who cannot access care. We worked with community partners to help create the Good Samaritan Free Health Center to provide care to those less fortunate and often forgotten. The Center began as a small group of volunteers working two days a week and in a short amount of time has grown to an entire team of volunteers offering patients a variety of premium health care and dental services.

## This Year's Estimated Donated Value to the Community: \$3,261,998

Our mission is to provide holistic care that treats the causes of medical issues, not just the symptoms. We are combating unnecessary emergency room use, hospitalization and transforming the way health care operates throughout our neighborhoods in order to create a better future.





gshfoundation.com | 513 862 3786

### Make an Impact on Our Future

We are focused on bettering the health of disadvantaged, uninsured adults in order to improve the health and wellness of the individual, their families and the entire community. We are dedicated to fostering change in the health and well-being of all throughout Greater Cincinnati now and into the future.



Join us in making an impact on the health and wellness of our entire community!

