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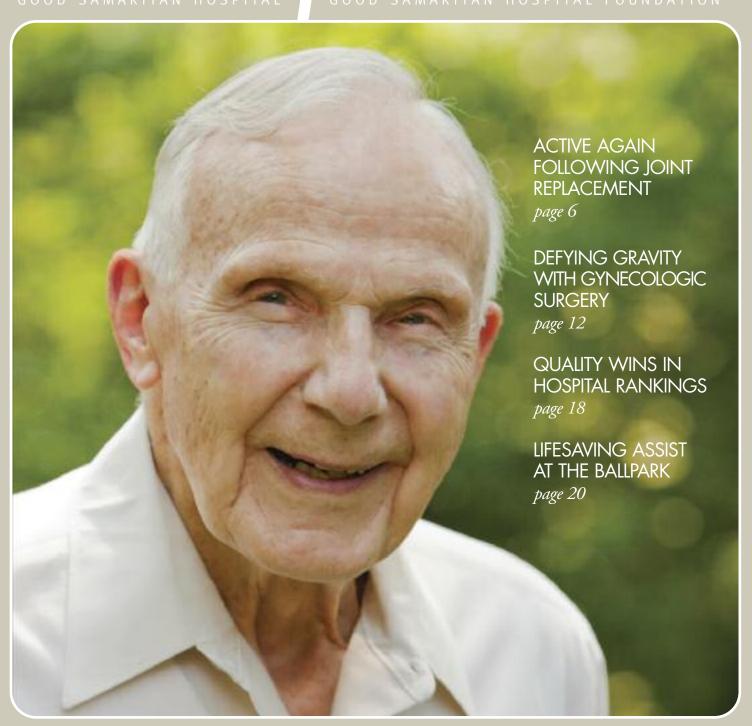
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Good Sam. Great Medicine.

0MDassion





e all want an independent, active lifestyle for as long as possible. This issue of

Compassion shows how advances in health care are keeping Cincinnatians on their feet, on the tennis courts, and on our area's hiking and biking trails well into their 80s and beyond.

On the following pages you'll meet Gene Ruehlmann. (You may remember him as Cincinnati's mayor in the '60s.) Knee replacement surgery means he is still active at 86. Good Samaritan's Knee and Hip Joint Replacement Program, which recently was awarded a Gold Seal for excellence, regularly returns patients, young and old, to a full and active lifestyle.

Good Samaritan Women's Center for Specialized Care is blessed with expert urogynecologists who refuse to let active, vibrant women be slowed by embarrassing pelvic disorders. In addition to the groundbreaking work that occurs there (see page 12), the Center is a training ground for the next generation of doctors who will continue to look for new and better ways to treat area women.

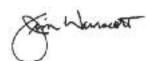
Outside the hospital walls, our TriHealth Event Teams are saving lives. On page 20 you'll meet Chicagoan Larry Alexander who owes his life to the doctor and nurses who restarted his heart at a Red's game last September.

Not only is Good Samaritan blessed with medical experts, we are blessed with thousands of people who donate to the Good Samaritan Hospital Foundation. Their generosity helps to fund much of the amazing work that takes place within the hospital and throughout the community. Together, we all are improving the health status of the people we serve.

Sincerely,

John S. Prout

President and Chief Executive Officer, Good Samaritan Hospital



James L. Wainscott

Chairman, Good Samaritan Hospital Foundation

<u>Compassion</u>

Compassion is published quarterly by Good Samaritan Hospital and Good Samaritan Hospital Foundation

GOOD SAMARITAN HOSPITAL MISSION
To improve the health status of the people we serve
We pursue our mission by providing a full range of
health-related services including prevention,
wellness and education. Care is provided with
compassion consistent with the values of our
organization.

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Defying gravity with gynecologic surgery

Quality wins in hospital rankings

Cubs or Reds? Why he loves both.

Opening doors to education, health care career

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Cover photo by D.A. Fleischer

Former Cincinnati Mayor Gene

has no regrets following knee replacement at Good Samaritan.

Ruehlmann is happy, active, and

About the cover:

News you can use

FOUNDATION NEWS: Women of Compassion honored at luncheon



Photograph by Pedal Faster Photography

Summer 201









PLACES

TO WORK





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CARING FOR PEOPLE FIRST®

Hospital



I

Dear Friend,

We're so pleased by these recent recogni-

tions that I wanted to share them with you:

- For the third consecutive year, the National Association for Female Executives placed TriHealth among the Top 10 Nonprofit Companies for Executive Women.
- Healthiest Employers, a technology and data research company, used workplace wellness data to determine that TriHealth is the 2011 Healthiest Employer in Greater Cincinnati with 5,000 or more employees.

It's my pleasure to pass along other good news as well:

- Good Samaritan College of Nursing and Health Science, part of a proud tradition of academic excellence and community service dating back to 1896, has been re-accredited by the Higher Learning Commission.
- Roger Karam MD has been named the new chairman of the TriHealth Institutional Review Board and a member of the Hatton Institute Advisory Board. He will oversee the review of research proposals and will work to ensure that research taking place at the hospital fulfills federal regulations.

Sincerely

Land Housing

David P. Dornheggen Good Samaritan Hospital Chief Operating Officer

VOLUNTEER Spotlight

Volunteers play an integral role in helping Good Samaritan achieve its mission.

For the past two decades,
Joye Holthaus has enjoyed
making things a little easier
for Good Samaritan patients.
After a busy life raising 10
children (all of them born at
Good Samaritan), she began
volunteering in 1991 with her
husband, Jerry. Joye began
volunteering at the desk in the
Clifton lobby, and spent the
next 13 years helping outpatients get to where they
needed to be.

"When they started remodeling out there," says Joye, "I was moved to the Outpatient Treatment Center, and I've been there ever since."

She spends her time in the OTC, five or six hours a week, putting together patient charts.

Joye's volunteer spirit really kicks into high gear at home, where she gets to indulge a passion she's known since she was a girl. "I was an only child," says Joye. "I didn't have anyone to play with when I was young, so I bought a 10-cent how-to book and taught myself knitting, crocheting, crewel, needlepoint, and other needle crafts." Today she spends an average of 50 hours a week knitting prayer shawls and lap robes for Good Samaritan patients.



The warm response to her handmade crafts has been a source of encouragement and pleasure to Joye, and she won't be stopping any time soon. "This is very satisfying work," she says. "This is what I'm going to do for the rest of my life."

If you or someone you know would like to knit hats at home or volunteer at Good Samaritan Hospital call 513-862-2368 or visit TriHealth.com and click on "Do More at TriHealth.com/Volunteer."

Employees recognized for "going green"

co-conscious employees at Good Samaritan recently were recognized for their recycling efforts. The hospital has been honored with a Partner Recognition Award by Practice Greenhealth, a company that recognizes eco-friendly health care organizations throughout the country. Good Samaritan and Bethesda North, both TriHealth hospitals, were the only Cincinnati area hospitals to receive the award this year. The two facilities were

acknowledged for their efforts to protect patient health and preserve the environment.

Dedicated employees, including members of the TriHealth Green Committee, continue to focus on reducing waste and recycling. Their efforts resulted in one quarter of Good Sam's reusable or recyclable waste being sent for recycling in 2010. Their enthusiasm fueled by the award, the Committee intends



to increase its recycling efforts in the future.

Both hospitals also were recently honored by the Ohio Hospital Association Environmental Leadership Council. The recognition was given to hospitals that promote sound environmental practices and set examples for other hospitals to follow.

Wound Healing Center offers faster healing



The new Good Samaritan Hospital Advanced Wound Healing Center is making expert outpatient wound care services more accessible to the west side community. With a focus on chronic and non-healing wounds, the Center's team of experts uses advanced treatments and sophisticated case management while collaborating with each patient's primary care physician.

Comprehensive services and a customized approach to wound care management combine to help patients heal faster and avoid serious illness such as progressive tissue loss or amputation. Types of wounds treated at the Center include diabetic wounds/ulcers, pressure ulcers, arterial ulcers, non-healing surgical wounds, traumatic wounds, infected wounds and other advanced wound conditions.

For patients requiring oxygen therapy to help repair tissue damage, hyperbaric chambers at Good Samaritan's TriHealth partner, Bethesda North Hospital, provide an additional level of advanced treatment by providing the body with at least 10 times its normal supply of oxygen. Center Medical Director Arti Masturzo MD notes, "Non-healing and chronic wounds are very serious medical conditions. Once a patient visits our centers, we quickly mobilize to determine the most effective, individualized treatment plan to achieve healing and improve quality of life."

Heal Faster

Getting quick treatment for hard-to-heal wounds is key to a healthy outcome. To get started, call the Advanced Wound Healing Center experts at Good Samaritan at 513-862-5050 or visit TriHealth.com/WoundCenters.

Veterans and active military honored by hospital employees



Good Samaritan Chief Operating Officer Dave Dornheggen (at right) greets University of Cincinnati's ROTC honor guard at the flagpole at the hospital entrance. **D**atriotism and gratitude for veterans and active military resulted in two special events at Good Samaritan Hospital in late May. A "Wall of Honor" has been permanently displayed in the cafeteria. It features photographs of hospital employees and family members who are serving or have served in the military. The display was unveiled at a celebration, which included opening remarks by Good Samaritan Chief Operating Officer Dave Dornheggen. Also involved in the ceremony were employees Patricia Simmons, Nutrition, an active duty military, and veterans Rod McGaha, Logistics, and volunteer Sister Marguerite McHugh.

A noontime Memorial Day tribute was held for employees and guests at the Hospital's flagpole. The University of Cincinnati ROTC honor guard posted colors. The tribute included prayers, singing of the national anthem, and a balloon release.

Both events were organized by the hospital's Firestarters, an employee-led organization whose mission is to promote service excellence throughout the hospital. The group focuses on recognizing and inspiring employees and the quality they bring to their work. Lisa Williams, a U.S. Marine Corp Veteran and chair of the Firestarters, said, "The Honor Wall is a place where people can learn history. We hope that as folks are learning about their colleagues and remembering the fallen, that they also recognize and celebrate the diversity among us." The group also will plan special events for Veterans Day in November.

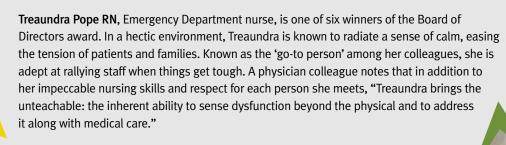
PACE COMPASSION | SUMMER 2011

GOOD people doing GREAT things

Good Samaritan employees are known for delivering compassionate care. These four nurses recently were recognized for exceptional service to their patients and their high level of commitment to quality care.

FLORENCE NIGHTINGALE AWARD

Two hundred and sixty Cincinnati-area nurses were nominated for the Florence Nightingale Award that recognizes professional nurses for their leadership, skill, compassion and contribution to direct patient care. Good Samaritan is home to two winners:



Lisa Sierra RN, also an Emergency Department nurse, is one of 11 winners of the Florence Nightingale Dean Award. Nominators wrote, "Lisa is the nurse you want standing beside you in a critical situation, the nurse you know can handle even the most difficult of patients, the nurse who cries with a grieving family, (and) the nurse we all aspire to be."

THE TRIHEALTH DIRECTORS' AWARD FOR EXCELLENCE IN NURSING

This newly created award recognizes four outstanding nurses, two from Good Samaritan are featured here. Nominated by their nursing directors, winners are chosen for their: 1) independent judgment and expertise; 2) lifelong learning and specialized knowledge; 3) advocacy and commitment to patients and community; 4) involvement in professional organizations.

> Mary Williams RN is weekend night shift charge nurse in Good Samaritan's Emergency Department. Known for her exceptional problem-solving and communication skills, she also is considered a clinical expert. Her peers indicate, "Mary is able to care for any patient who we may see. She is a great resource for staff with ill patients, remains calm in emergent situations, and is flexible." Mary also is a Sexual Assault Nurse Examiner, committed to seeing that victims of sexual assault are treated with respect and dignity.

Sarah Godfrey RN is a role model among her peers in Outpatient Cancer Care and Radiation Therapy. She is recognized for excellent interactive skills and as a strong advocate for patients and families. Considered an expert on radiation side effects, Sarah routinely seeks to expand her knowledge of Oncology nursing. She works closely with patients at risk of nutritional difficulties, and willingly shares her nursing skills during mission trips to Uganda.

LIFE INSURANCE



An asset and a wonderful option for leaving a lasting legacy



"Life insurance was a great option to make my planned gift to the Hospital. It allows me to leave a significant gift to the Hospital that I otherwise would not have been able to do and the payents that I made were tax deductible." Ruth Barry



EFFECTIVE JULY 1, 2011, HIGH GIFT ANNUITY RATES WILL BE AVAILABLE FOR PEOPLE AGE 75 AND OVER. THIS INCLUDES TWO-LIFE ANNUITIES. CALL 513-862-3787 OR EMAIL KELLY ROWLAND@TRIHEALTH.COM FOR MORE INFORMATION.

There are literally trillions of dollars of life insurance in force in this country. And for good reason: Life insurance is a remarkably versatile asset.

Life insurance provides protection against the economic loss suffered in the event of death or disability. It can be used as a supplemental source of retirement income. It is an excellent source of liquid funds for the payment of state and federal death costs and other expenses. In addition, many people find that a life insurance policy makes an excellent gift and can be given at very low cost.

A gift of life insurance to Good Samaritan Hospital and/or the Good Samaritan College of Nursing and Health Sciences can be especially meaningful for a number of reasons:

- ★ Life insurance allows you to make a substantial gift on an installment basis by making a series of modest payments which are fully tax-deductible!
- ♣ A gift of life insurance is certain, and the proceeds are paid promptly without going through the time-consuming process of probate.
- ♣ Depending on the arrangement of your gift, life insurance can create a number of favorable tax consequences.

Most people buy an average of five insurance policies during their lifetimes. The first policy is normally purchased to protect the insured's family against devastating financial consequences of premature death. With the passage of time, additional policies may be purchased to reflect the

needs of a higher standard of living or other transitional events in one's life. However, as people get older and their lives change, many find they do not need all of these policies. It's a potentially costly yet common misconception.

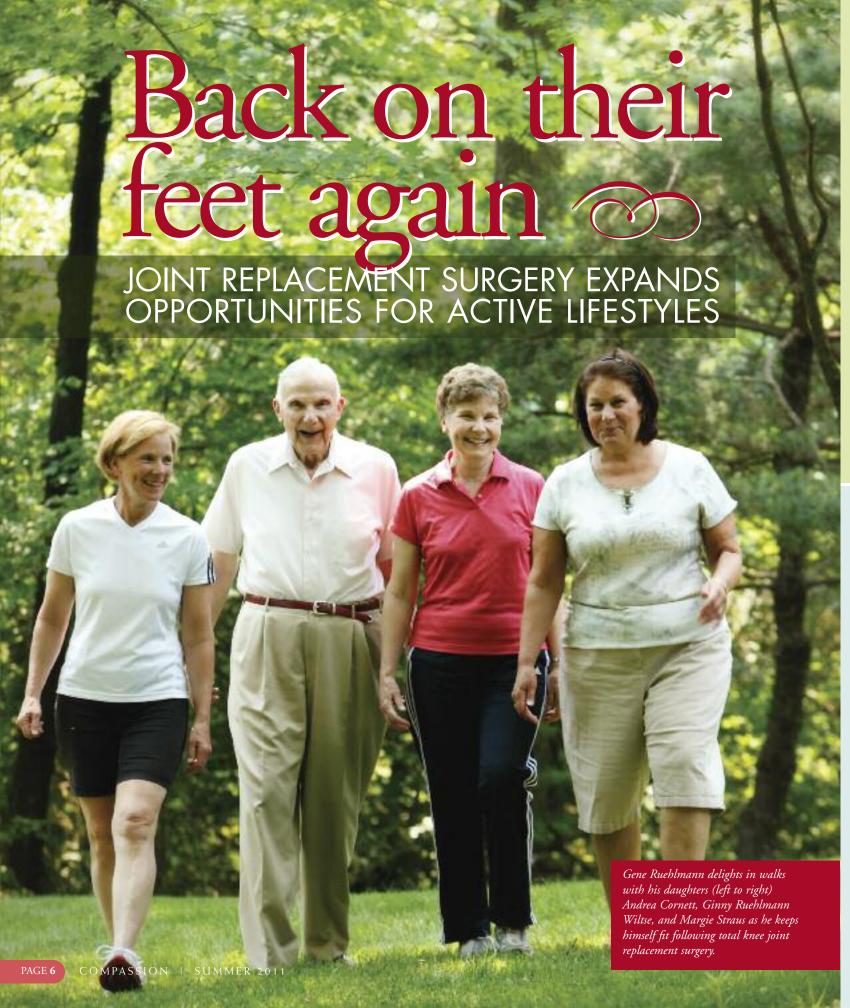
Even though life insurance is the most widely held asset in this country, forming a significant portion of many persons' estates, the tax aspects are too often misunderstood. Since the proceeds of life insurance are generally exempt from income taxation, it is often assumed that they also escape the federal estate tax. On the contrary, the full value of life insurance proceeds—whether term, ordinary, group, accidental death, etc. is subject to the estate tax if the insured possesses any ownership rights in the policy. Like it or not, they are a part of your estate.

However, one option can be to turn over one or more of your policies by naming Good Samaritan as the beneficiary and owner. You will receive an immediate income-tax deduction for the fair-market value of the policy (or the cost of the policy, if less). If future payments must be made on the policy, you will receive a charitable income-tax deduction for each premium payment as well as remove the policy proceeds from your gross estate and generate potential estate tax savings. Most importantly, you will be making a significant contribution to something meaningful to you. You also can restrict your gift to those things that mean most to you.



Kelly J. Rowland, director of development, Good Samaritan Hospital Foundation

If you do not have a policy that you would like to remove from your estate, but would like to get information about establishing a new one, please call me at 513-862-3787 or email Kelly Rowland@TriHealth.com for a free illustration.



ene Ruehlmann's knees have taken him over a lot of territory In his 86 years. From Marine Corps training in the '40s, to a football career at the University of Cincinnati, through Harvard Law School and back to Cincinnati as Mayor and City Councilman in the '60s. Raising eight children with his wife, playing golf and tennis and maintaining a busy law practice added more mileage.

At age 70, Ruehlmann noticed his left knee buckled from time to time and



visited an orthopedist. Through the next 15 years, the doctor told him if he felt no pain he didn't need surgery. After his knee gave out and caused him to fall,

Ruehlmann sought a second opinion from Robert Burger MD, orthopedic surgeon, highly recommended by family members. After examining Ruehlmann's knee and viewing X-rays that showed arthritis, "Dr. Burger said, 'You need surgery," Ruehlmann recounts.

Ruehlmann readily agreed to knee joint replacement surgery and expresses sheer delight with the outcome. "The experience with Dr. Burger was unbelievably pleasant. I can't believe the absence of pain."

Closely managing pain with a variety of measures before, during and after surgery is a hallmark of Good Samaritan's Knee and Hip Joint Replacement Program. Using multiple approaches to pain management lessens the need for narcotics following surgery and allows patients to begin moving and recovering more quickly, according to Mark Snyder MD, medical director of the Good Samaritan Hospital Orthopedic Center of Excellence.

"I thought my treatment at Good Samaritan was superb," Ruehlmann continues. "The staff was so attentive. When I needed them, they were there."

After three days in the hospital, Ruehlmann went to a long-term nursing facility for two weeks of rehabilitation before returning home. As an outpatient, he continued physical therapy at Good Samaritan Outpatient Center - Glenway. Nearly a year later, he keeps his muscles strong by walking with his daughters. "I get as close to a mile as I can. I have had no setbacks, no disappointments. My experience at Good Samaritan was outstanding. I should have had this done years ago."

Conquering the Path Less Traveled

Bev Moore's moment of truth about her knee came on a walking trail in Gatlinburg, Tenn. "I wanted to see a waterfall," she recalls. "I was walking a paved path spiraling up the mountain." Just short of a mile, the pain in her right knee wouldn't let her continue. She sent her husband on to take pictures. "I thought, 'this is silly. If I have grandchildren someday, I want to be able to take them to Disney World, or go sled riding and be able to walk back up the hill."

The cartilage in Moore's knees had deteriorated due to medications for a medical condition. She had gradually given up activities that involved walking and stair climbing. Friends and family suggested a knee replacement, but "I never had contact with anyone who had done it. The whole concept was intimidating."



With a new knee joint in place, Bev Moore can spend time with her husband, Terry, hiking or trekking to sites around town doing "geocaching," a scavenger hunt using GPS coordinates to search out hidden containers.

KEEPING YOUR JOINTS HEALTHY

Many knee and hip problems result from osteoarthritis, an often painful disease in which cartilage covering the ends of bones breaks down and causes bony growths. To keep your knees and hips healthy:

- Maintain a healthy weight. Being overweight strains the joints and contributes to cartilage wearing away. Even moderate weight loss, e.g. 10 pounds, can decrease your risk of osteoarthritis by 50 percent.
- Exercise. Strengthening the quadriceps muscles on the front of the thigh reduces the risk of knee problems. Bicycling, swimming and simple exercises such as wall sits - with your back against the wall as you slide down to a sitting position can help.
- Avoid Injuries. Joint injuries sustained as a child or adult can increase the risk of developing osteoarthritis. Avoid bending knees past 90 degrees when bearing weight; avoid twisting knees; land with knees bent after jumping; warm up and cool down after all sports; wear shoes that absorb shock: and do not run on asphalt or concrete. If you do experience a joint injury, seek prompt medical treatment to avoid further damage and a longer recovery.
- Eat Right. Foods thought to reduce the risk of osteoarthritis include those with Vitamins C and D, and Omega-3 fatty acids such as fish, olive, walnut, canola, soybean, and flaxseed/linseed oil.

Back on their feet again 🕤

continued from page 7



Then, her uncle had a double knee replacement. "He recovered so quickly. I said to myself, 'You can do this." She made an appointment with her uncle's surgeon, Orthopedic Surgeon Christopher Ruhnke MD. "Dr. Ruhnke was so laid back and relaxed, it made me feel at ease. He alleviated a lot of my tension."

He enrolled Moore in a study that used a pre-surgical MRI of her leg to do precise measurements that would allow better-fitting artificial

implants for her knee.

An instructional assistant for Oak Hills School district, Moore scheduled her surgery for December, during Christmas break. Dr. Ruhnke and his surgical team resurfaced the worn-out bone of Moore's knee and replaced lost cartilage with plastic implants.

A therapist came to Moore's room just hours after her surgery, and she was amazed to learn that she would be getting up on her feet and climbing a few wooden steps that day. "It was daunting to think I was going to do steps. On the second day, I went up 10 steps and down 10. My legs felt like Jell-O, but there was no pain from start to finish."

An occupational therapist taught Moore to put on pants, socks and shoes. "They know what you should be able to achieve," she says. "They were very accommodating. My nurses also were kind and efficient."

Moore was discharged home within two days and continued three days a week with a home therapist. After six weeks, she returned to driving and working.

Moore knows that she will need a joint replacement in her left knee within a few years. Her outlook the second time around will be totally different, however. "I won't hesitate at all," she says. She even advocates the procedure for others: "If you ever need to do it, do it. Don't question it. It's worth six weeks of your life to get back to the business of living."

In the meantime, Moore has her own aspirations to attend to: "This fall, my husband and I will go back to Gatlinburg. I want to see that waterfall for myself."



Charles Mills DDS greatly improved his tennis game and his quality of life with a total hip replacement at age 51.

Scoring an Ace

Getting back to something he loves is precisely the motivation Charles Mills DDS required to have a hip replacement at age 51. His tennis avocation had dwindled to nothing, and he had curtailed his work as a dentist to part-time.

With bone rubbing on bone in both hips due to a congenital condition, Dr. Mills experienced his first successful hip replacement surgery in 2008. In 2010, he came to Good Samaritan to have his left hip joint replaced by Orthopedic Surgeon James Leonard MD.

"Dr. Leonard did an anterior approach, which allowed him to circumvent having to cut my quad muscle [large muscle on the front of the thigh]," Dr. Mills explains. "I kept my quad strength and had less pain. I was mobile right away. I went right down the hall on crutches the day after surgery.

"I'm absolutely happy with the Good Samaritan staff and facility. The pre-op was very helpful in avoiding clots and infection. The surgery went like clockwork and was very comfortable." Dr. Mills was back to work in his dental office after two weeks. "I moved from chair to chair with my crutches," he explains. He continued with outpatient therapy for eight weeks.

"I returned to tennis after two months and was playing full-out after three months. I don't even know I have these hips," he marvels. "My mobility is like I had 20 years ago. I love it. I'd recommend it to anyone and I do."

For more information on knee and hip replacement surgery at Good Samaritan Hospital, visit TriHealth.com/OrthopedicSurgery.

GOOD SAMARITAN HOSPITAL JOINT REPLACEMENT PROGRAM EARNS GOLD SEAL OF APPROVAL®



Only five percent of hospitals nationwide have been awarded a Gold Seal for excellence in knee and hip joint replacement by The Joint Commission, the nation's leading organization in health care quality review. Good Samaritan is among those hospitals.

"Good Samaritan is the only hospital in Greater Cincinnati to achieve this honor," states Bob Pritts, TriHealth administrator of Musculoskeletal and Rehabilitation Services. "This certification provides verification of our commitment to excellence in patient care."

The Good Samaritan Hospital Knee and Hip Joint Replacement Program has several outstanding features that set it above other programs:

- A collaborative panel of orthopedic surgeons who pool their knowledge and research to ensure that Good Samaritan patients receive the best treatment regimens and joint replacement technology available.
- Pain management using smaller doses of multiple pain-relief measures with less emphasis on narcotics, resulting in better pain relief with fewer side effects and a shorter hospital stay.
- Zero in on Zero initiative, which focuses on zero infections, blood transfusions, blood clots, patient falls and other adverse events. "Many of our

patient outcomes have exceeded our expectations as well as national benchmarks," says Kathy Eten BSN, RN, CCM, Orthopedic Center of Excellence program administrator.

• Quality scorecard tabulates data monthly to measure how well hospital staff are carrying out safety initiatives and to identify areas for improving patient care.

The Orthopedic Center of Excellence also enhances the patient's experience by bringing physical and occupational therapists to the bedside, which fosters better communication about a patient's progress

among patients, families, nurses, physicians and therapists. The Center also provides extensive pre-surgical and postsurgical education, and tracks data for a registry that will benefit all patients who have received total joint replacement.

"Excellence has become the norm in these life-improving surgeries, as collaboration among physicians and staff has created standard operating procedures based on evidence-based literature," says Mark Snyder MD, the program's medical director. "We are maximizing our patients' satisfaction and bringing better health and better treatments to our region."

COMPASSION | SUMMER 2011

THE WOMEN OF COMPASSION CLASS OF 2011 INCLUDES:

Barb Apking nominated by Mary Joan Goddard and Ruth Barry Clorinda Caproni nominated by Clare Allaire and Kelly Rowland Norma Clark nominated by Dr. Joann Lohr

Dr. Claire Esselman *nominated by Joann & Howard Rottinghaus* **Sharon Harrison** *nominated by Barb Culver*

Candy Hart nominated by Pam Baird

Mary Tebben Mootz* nominated by Catherine Tebben

Joan Pace *nominated by anonymous*

Adela Ruiz nominated by Jane Whalen and J. Michael Smith MD

Adele Peters Schulte* nominated by Marcia Schulte

Pam Shannon nominated by TriHealth

Joann Sullivan-Mann nominated by Elaine Ehrhard

* deceased members

The Foundation launched Women of Compassion in 2005 to honor and recognize extraordinary women. The program was developed by the Foundation's Women in Philanthropy Advisory Group and has raised close to \$70,000 for Good Samaritan Hospital and the College of Nursing. This special tribute program celebrates Good Samaritan's long tradition of dedicated and compassionate women that began with its founding by the Sisters of Charity in 1852 and has continued throughout its history.

The event featured a luncheon, followed by the recognition program. Sheree Paolello, co-anchor for WLWT-Channel 5, served as the emcee for the event. During the program, a tribute was read for each of the honorees.



The next Women of Compassion luncheon is scheduled for Friday, May 4, 2012. For more information on the Women of Compassion program, contact Kelly Rowland at 513-862-3787 or Kelly_Rowland@TriHealth.com.



Left to right: Norma Clark, Clorinda Caproni, Sharon (Chip) Harrison, Pam Shannon, Candy Hart, Adela Ruiz, Claire Esselman, Barb Apking, Joan Pace, Joann Sullivan-Mann **Not pictured deceased: Mary Tebben Mootz and

The 2011 honorees join the Classes of 2006, 2007, 2008 2009 and 2010 in receiving this special recognition:

2006 WOMEN OF COMPASSION

Clara Ann Barry* Kathy Culver Jean Gendreau Cindy Griffith Marcia Hannishin Mary Ann Kroger

Adele Peters Schulte

2007 WOMEN OF COMPASSION

Amy Hudepohl Arlinghaus Rosemary Auer Carol Belmont Pat Berning

2008 WOMEN OF COMPASSION

Katie Carrigan*
Sarah Culver
Lucia Fricke
Mary Joan Goddard
Donna Hisle
Sister Anita Marie Howe*

2009 WOMEN OF COMPASSION

Sister Myra James Bradley* Mary Campolongo Barbara Culver Sister Rita Glynn* Sandy Kiefer

2010 WOMEN OF COMPASSION

Clare Allaire Ruth Barry Bernie Brunsman Sybil Burt* Sister Lynn Heper Beth Knueppel
Elaine McGuire
Terry Miller
Outpatient Cancer Center
Nurses and Staff
Phyllis Schoenberger
Eleanor Marie Small

Carol Litkenhaus

Laura Ann Ross*

Bernadine Walker

Geraldine Wittekind

Jacqueline Boothe Lips *

Sister Mary Florence Heric *

Sister Anthony O'Connell *

Lynn Meyer

Carol Besl

Kelly Rowland

Rose Marie Lukens*

Mary Louise Roebke*

Diane Motz Sheree Paolello Joan Schmitt Kathy Sheanshang Jane Whalen

Beth Lucas Karen Newberne Betty Powley Mary Rafferty Jill Hoblitzell Strub Mary Sparke*

* deceased members

Anyone can nominate a **Woman of Compassion** with a gift of \$1,000 to Good Samaritan Hospital or Good Samaritan College of Nursing and Health Science.

Good Samaritan Guild installs new officers at annual meeting



Sandy Kiefer, Jo Ann Sexton and Lilly Ashbrook



Rita Bramkamp, Candi Miller, Lilly Ashbrook, Jo Ann Sexton, Carol Mayborg and Amy Hayden

Good Samaritan Hospital Guild Officers, 2011 – 2012

Lilly Ashbrook, President
Jo Ann Sexton, Vice President/
President-Elect
Mary Griffin, Treasurer
Angie Lamb, Corresponding
Secretary/Remembrance Fund
Sandy Kiefer, Recording Secretary
Amy Hayden, Immediate Past President
Darlene Ambach, Chairperson, Activities
Cindy Flannery, Chairperson, Gift Shop
Anne Cooksey, Chairperson,

Birth Certificates and Baby Photos Kathy Gick, Chairperson, Membership Candy Hart, Chairperson, Special Projects

Carol Mayborg, Parliamentarian

The Good Samaritan Hospital Guild annual membership meeting was held in May. Lilly Ashbrook was installed as president, Jo Ann Sexton was installed as vice president/president elect, and Sandy Kiefer was installed as recording secretary. Also appointed as new chairpersons were:

Darlene Ambach – Activities; Kathy Gick – Membership; Candy Hart – Special Projects; and Carol Mayborg – Parliamentarian.

All will serve a two-year term ending in June 2013.

Attendees at the annual meeting enjoyed a presentation by Cecil Wiselogel of the First Ladies of America – Part II, which spanned America's most recent first ladies.

Guild members Emmalou Hoffer, Edra Borges and Dan Hoffer The Guild enjoyed another successful fundraising year. More than \$28,000 was raised through special sales, the annual Christmas Sale, Raffle and Bake Sale. The Guild Gift Shop and Clifton Corner Gift Shop have already reached their fundraising goal of \$100,000 as of April 30, 2011.

All of these fundraisers allow the Guild to give back to Good Samaritan through the annual grant process, which disburses \$150,000 annually to support programs, projects and equipment needs of the hospital.



Interested in becoming a member?

Please contact Lynn Meyer at Good Samaritan Hospital Foundation at **513-862-1258** or **Lynn_Meyer@TriHealth.com**.



Left: Performing robotic-assisted surgery is one of the many skills Catrina Crisp MD has acquired during her urogynecology fellowship training.

ELITE PROGRAM TRAINS NEXT GENERATION OF EXPERTS IN FEMALE PELVIC PROBLEMS

DEFYING127117



Blame it on gravity. Or maybe on eight pregnancies. At age 68, Mary Jo Roe figures that both contributed to the gradual failure of a bladder repair performed years ago.



The thought of spending her retirement years preoccupied with urinary incontinence and related bowel dysfunction was making her increasingly uncomfortable.

"My husband and I are very active people," Roe comments.
"Thinking of wearing a diaper or being embarrassed in public was not a happy thing."



A procedure in 2010 to fix the problem had not been successful. When a friend recommended that she see Urogynecologist Steve Kleeman MD (left), she made an appointment.

Roe anticipated Dr. Kleeman's expertise in treating conditions of the female pelvic and reproductive organs. What she didn't expect was the care of an entire team of experts, including Dr. Kleeman's partner Rachel Pauls MD, plus three "fellows." The fellows are medical doctors who have completed a four-year obstetrics/gynecology residency and are pursuing a three-year fellowship to gain a higher level of expertise in treating urogynecologic conditions such as:

- co urinary incontinence
- pelvic support problems
- female sexual disorders
- 🗆 bladder pain
- opelvic pain
- so bladder emptying disorders

Left: Since her successful surgery to cure urinary incontinence and related bowel dysfunction, Mary Jo Roe has made the most of opportunities to be active, including regular Pilates workouts.

Catrina Crisp MD, who is in her third year of the urogynecology fellowship, says, "I've known I wanted to do this since I was first exposed to it as a third-year medical student.

"I really try to have a connection with every patient. They are opening up and discussing medical issues that are very personal. I want all of my patients to feel comfortable talking with me about these issues," she explains.

"I help them understand how common their condition is and that many women suffer from similar issues. I also want them to know that the majority of the time, we can make them better. We can make their life 'normal' again."

Roe expresses her satisfaction not only with Dr. Kleeman, but with the fellows who assisted him before, during and after her surgery. "In the office, they were so knowledgeable, and postoperatively they answered every question I had," Roe explains. "It's not that Dr. Kleeman didn't take the time to explain things – I never felt rushed. I looked at having the fellows there as getting extra care."

Dr. Kleeman, program director of the fellowship, says having fellows train at Good Samaritan provides numerous benefits to patients. "The fellows are an extension of me, giving me an extra set of eyes and ears to evaluate patients. They bring knowledge and expertise from other institutions. In addition, any research we do is enhanced by having an active fellowship program. The fellows are the ones who design and implement research projects that affect care in our hospital, around the country and around the world."

continued on page 14

Urogynecology Fellow Catrina Crisp MD spends time with patient Mary Jo Roe to review instructions for recovery at home following surgery for bladder and pelvic repair.

Photograph by Tim O'Brien

During their third year, fellows see their own patients in the Good Samaritan Faculty Medical Center under the direction of Drs. Kleeman and Pauls. The Center provides affordable care for those with little or no insurance.

Dr. Crisp applied to Good Samaritan's program because "it has a reputation for being one of the most elite programs in the country," she says. "There's a high surgery volume with a good research program. And the doctors are passionate about what they do."

Roe's surgery to repair her fallen bladder was performed with robotic-assisted technology by Dr. Kleeman and his team of fellows. "They repaired my whole pelvic area through five small incisions in my abdomen," Roe marvels.

"It's been life-changing," she continues. "I'm not up going to the bathroom two to three times a night." Roe is thrilled to be walking, golfing and going to Pilates class without interruption.

"I'm as close to being new as I can imagine for my age," Roe says. "I'm feeling very good about it."

THE GOOD SAMARITAN:

The Good Samaritans elect new officers, choose 2012 Gala Beneficiary

The Good Samaritans of Good Samaritan Hospital Foundation met in May for their annual membership meeting. President Susan Cranley announced the awards from the 2011 Gala:

- \$250,000 was awarded to Cardiovascular Services Department, represented by Nancy Dallas and J. Michael Smith MD
- \$55,000 was awarded to Medical Education Research Fund, represented by Richard E. Welling MD

After reviewing requests, The Good Samaritans selected the Good Samaritan Free Health Center of Price Hill as the beneficiary of proceeds from the 2012 Gala. The proposal requested sustainability funds for the recently opened center in Price Hill. The new center fills a critical health care gap for uninsured adults who are not Medicare/Medicaid eligible living in the Price Hill region.

The 2012 Gala will be held on Saturday, February 11, at the Hyatt Regency Cincinnati. The theme will be a Groovy Blast from the Past, featuring music from the sixties, seventies and eighties.

Renita Homan will serve as president of The Good Samaritans as well as chair of the event. She will be working with co-chair Cyndi Cappel. Marc A. Alexander MD will serve as physician champion.

Tickets prices range from \$500 - \$1,000 per couple. A variety of corporate sponsorships and underwriting opportunities are available. For more information, please contact Lynn Meyer, Good Samaritan Hospital Foundation, 513-862-1258.



Darlene Welling, Richard E. Welling MD and Susan Cranley



Darlene Welling, Susan Cranley, Nancy Dallas and J. Michael Smith MD

Officers of The Good Samaritans, 2011 – 2012

Renita Homan, *President*Carol Kerlakian, *President-Elect*Susan Cranley, *Past President*Suzanne Costandi, *Recording Secretary*Susan Manegold, *Treasurer*Cyndi Cappel, *Second Year Director*Mavis Saladin, *Second Year Director*Donna Lambers, *First Year Director*Jennifer Pavelka, *First Year Director*



Renita Homan, Carol Kerlakian, Susan Cranley, Suzanne Costandi, Cyndi Cappel and Jennifer Pavelka

ADVANCED MEDICAL TRAINING FOR WOMEN'S HEALTH CARE

Women coming to Good Samaritan for treatment benefit from the knowledge-seeking environment created by residents and fellows who are mastering their women's health specialties.

Fellowship in Female Pelvic Medicine and Reconstructive Surgery

Established in 1993

PROGRAM DIRECTOR: Steve Kleeman MD, urogynecologist CLINICAL RESEARCH DIRECTOR: Rachel Pauls MD, urogynecologist

- One of about 40 urogynecology programs in the U.S.
- Three-year program fully funded by Good Samaritan Graduate Medical Education
- One fellow selected per year
- In the past year, the department has made 12 research presentations internationally, from Lisbon, Portugal, to Toronto, Ontario, and nationally, from Texas to Washington D.C. to California.
 Four of these won top awards

Residency in Obstetrics/Gynecology Established in 1959; combined with

Established in 1959; combined with Bethesda North Hospital's program in 2004

MEDICAL DIRECTOR: Steven Johnson MD, obstetrician/gynecologist

- Four-year program
- Eight residents selected per year for a four-year program
- Hundreds of local obstetrician/ gynecologists have been trained in the program
- Funded by government programs as well as TriHealth Graduate
 Medical Education

Celebrating cardiac care and healthy hearts



The High-Tech/ High-Touch Way

ood Samaritan hosted its Twelfth Annual Celebration of the Heart event in April. More than 180 current and former cardiac patients, supporters and interested friends attended the event at the hospital.

Jim Wainscott, chairman of the Foundation's Board of Trustees, began

the event by giving an update on the Foundation and how the Hospital's cardiac program has benefited from the support of our generous donors. Dave Dornheggen, chief operating officer of Good Samaritan, gave an update on the new medical office building being built for Group Health Associates and discussed some of our most recent awards.

J. Michael Smith MD and Dogan Temizer MD talked about new technology being used

in the OR and Cath Lab as well as their futures. John Wilson MD talked about what is being done to prevent heart failure and Jayne Miller LSW ended the program talking about the new Heart Failure Navigation Program.

If you have any questions, please contact Kelly Rowland at Kelly Rowland@TriHealth.com or 513-862-3787.



Vera and James Miles



Sandy and Tom Gleeson



Fay and Bob Jenkins with Gene and

Good Samaritan Hospital Employee Campaign exceeds its goal!

The Good Samaritan Hospital Employee Campaign Steering Committee would like to announce that its campaign to raise money for the "OUT-Side" Eating Area" has exceeded its goal.

A special "thank you" goes out to each and every person who made a gift to the campaign. Each supporter will be recognized on a donor plaque that will be installed near the outside eating area.

We are excited that our hardworking employees will be able to enjoy a meal or take a break outside during their workday in a comfortable, relaxing atmosphere. The beginning stages of this project have started and we will keep you updated on its progress.

A huge thank you to Good Samaritan Hospital Guild!

Good Samaritan Hospital Guild will be funding the furniture for this new area and it will have beautiful, sturdy, wheelchair-accessible furniture when it

Those who have not yet made a gift to support the campaign can still join in on this winning effort. Please contact the Good Samaritan Hospital Foundation at **513 862-3786** or **gshfoundation.com** for more information.

Phonathon 2011 contributions set new record

Thanks to students, alumni, faculty and I friends of Good Samaritan College of Nursing and Health Science for making the 2011 Phonathon a success. These individuals came together for this annual event to place calls to alumni of the College, requesting gifts to support the Annual Fund Campaign. The 2011 Phonathon generated \$22,377 in cash and pledges. This is approximately \$3,000 more than last year and a new record for the College!

The theme for this year's Annual Fund Campaign is **Cherish the Past, Celebrate** the Present, Create the Future. Each year the campaign supports the Alumni Association's educational programs and services, as well as student and graduate scholarships. Through April, \$100,826 has been contributed toward the goal of \$115,000. Thank you to everyone for your support!

If you would like more information on how to support Good Samaritan College, contact Kelly Smith, 513-862-3742, or Kelly Smith@TriHealth.com.



Emma Argo (left), Amber Dula



Norma Rieder '62



Emily Perazzo

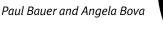
Ginny Roberts annual bowling tournament

The 17th Annual Ginny Roberts Bowling Tournament brought together bowlers from all over the tri-state who have been playing in this tournament for years. The two-weekend event at Gilmore Lanes in Fairfield is held each year in memory of Roberts, a student who was killed in an automobile accident. Good Samaritan College students graciously volunteered their time to go out and support this event. In all, the tournament bowlers have

raised more than \$40,000 in scholarship money to support Good Samaritan College of Nursing.

A special thanks to Paul Bauer, tournament co-founder, and tournament bowlers who continue to support this wonderful cause.

For more information on how you can get involved with this event please contact Kelly Smith, 513-862-3742, or Kelly Smith@TriHealth.com.





2009-2011 Good Samaritan Hospital Employee

Campaign Steering Committee: First row-left to

row-left to right: Judy Capizzi, Terrie Hornback,

Co-chair Susan Hanselman, Kathy Eten, Sharon

Hafertepe; Third row-left to right: Co-Chair Cookie Rudler, Mark Eppert, Carol Mayborg,

right: Pam Jones, Bette Ridley, Lisa Hess; Second

Gary Hess, Tom Poff



hen Googling "best hospitals in the U.S." or "top-ranked hospitals in Cincinnati," there are literally millions of results. So how can a consumer decipher the multitude of complex rating systems when they are all so different? That's a tough question. With some basic understanding of how each group evaluates hospitals, and awareness of how to best use the rankings, you have more information than ever before to guide health care choices.

Known as a true indicator of quality, the Thomson Reuters 100 Top Hospitals study, uses objective research and independent public data to recognize the best U.S. hospitals. A leading provider of information and solutions to improve the cost and quality of health care, Thomson Reuters has been conducting the annual study since 1993. The 100 Top Hospitals study evaluates performance in 10 areas: mortality, medical complications, patient safety, average patient stay, expenses, profitability, patient satisfaction, adherence to clinical standards of care, post-discharge mortality and readmission rates for heart attack, heart failure and pneumonia.

Last March, Thomson Reuters named Good Samaritan one of the nation's 100 Top Hospitals. Identifying Good Samaritan from nearly 3,000 U.S. hospitals, the award demonstrates that high-quality patient outcomes can be achieved while improving efficiency. Hospitals do not apply and winners do not pay to market this honor.

Patient satisfaction is just one of the reasons Good Samaritan was named among the top 100 hospitals in the country by Thomas Reuters.

At left, Nurse Frances Crawford makes sure Brittany Davidson and her infant, Payson Gerber, are confident and fully-prepared for life outside the hospital before they are discharged. Good Samaritan also has received numerous clinical quality awards from , an organization that rates and profiles hospitals, nursing homes and physicians. But because charges hefty fees to promote their awards, Good Samaritan and TriHealth do not tout the awards received by . Ratings can be viewed at .

U.S. News and World Report's Best Hospitals Guide is another familiar ranking system. It evaluates almost 5,000 hospitals to rank the best in 16 adult specialties from cancer to urology. Good Samaritan recently was ranked #42 in the country for diabetes and endocrinology care. While Good Samaritan is pleased to be awarded, the rankings are partially determined by surveying physicians and specialists instead of relying solely on hard data. So, it is less a measure of quality and more a "favorites" list.

employers have come together through the Greater Cincinnati Health Council and the Health Improvement Collaborative's Aligning Forces for Quality initiative. Their goal, to create a measurement and public reporting system that is local, physician-driven, fair and meaningful.

Nineteen hospitals, including both hospitals in the TriHealth system, Good Samaritan and Bethesda North, currently participate in the project. To help consumers make good decisions about where to go for quality care, the Greater Cincinnati Health Council provides a hospital quality web site enabling visitors to compare how well hospitals care for patients with certain conditions.

By providing quality information online, Greater Cincinnati area hospitals are committed to helping consumers become more informed regarding their care. Ideally, patients will discuss the

With the focus on high-stakes specialty care, the Number One hospital in a metro area is not necessarily the best in town for all patients.

In addition to these national studies, Greater Cincinnati hospitals share a common goal of consistently improving the quality of care in the community. As performance measurement becomes part of the changing expectations in health care, patients need information about the quality of care that hospitals and doctors provide in order to make informed choices.

As is true with all health care evaluations, it's the "how" and "who" of measurement and public reporting that gets debated—nationally and in local markets. In Greater Cincinnati, the health care community has been tackling these very issues over the last three years. Health care providers, payers and

data with their doctors and other health care providers, becoming active and educated participants in their health. For detailed information about the quality of care in Greater Cincinnati hospitals, visit GCHChospitalquality.org.

With the focus on high-stakes specialty care, the Number One hospital in a metro area is not necessarily the best in town for all patients. Savvy consumers should consider not merely a hospital's overall rank in the metro area, but its expertise in the specialty relevant to their care.

For a complete list of recognition and awards received by TriHealth, visit **TriHealth.com** and click on "Facts and Figures" in the newsroom.

or Color Col



HE HAS A REASON TO LOVE BOTH



arry Alexander arrived in Cincinnati a die-hard Chicago fan. He returned to Chicago a die-hard Cincinnati fan.

Larry's newfound love for Cincinnati took hold last August at Great American Ball Park. He, his wife Marilyn and four friends had just finished watching their Cubs beat the Reds. Happy for the win, they hurried up the ball park steps and into an elevator.

"After two-plus hours in the heat, we were anxious to beat the crowd to the bus that would take us back to our car," Larry remembers. Seconds later Larry was face down on the elevator floor. His heart had stopped beating. *He was in full cardiac arrest.*

Right place. Right time.

When the heart stops, irreversible brain damage starts to occur within three to four minutes. Immediate lifesaving efforts are critical. So it was more than good luck – a miracle perhaps – that when the elevator doors opened, the TriHealth Medical Event Team was just steps away. This team of emergency nurses and a physician, work every Reds' game, caring for fans at three First Aid stations.

As soon as Good Samaritan nurse Debby Harris RN heard the call that a fan had collapsed, she grabbed the portable defibrillator and hurried to the scene, followed by colleagues Jarrad Lifshitz MD and Emily Lyle RN. "When we turned Mr. Alexander over, he was purple," she recalls. Dr. Lifshitz immediately started CPR while Debby prepared the paddles to shock the heart. Surrounded by Larry's panic-stricken wife and friends, the team worked quickly to restore his heartbeat, inserted a tube down Larry's throat to open an airway, and started an IV in preparation for transport to Good Samaritan's Emergency Room.

"A lot of lifesaving activity took place inside that elevator," says Larry who doesn't remember any of it. "Without them, I wouldn't be alive to tell the story," he adds.

During a hair-raising ride to the hospital, Larry's heart stopped beating a second time and was quickly restored again. "We notified Good Sam's Emergency Room staff that we were on the way," says Dr. Lifshitz. "They knew the situation and were prepared to take over as soon as we arrived a few minutes later."

During the next 24 hours, cardiologist Craig Sukin MD ordered numerous tests to determine the overall health of Larry's heart and the valves and tissue that surround it. "Never in my life have I seen people work as hard as they did in the hospital's Cardiac Intensive Care Unit," says Marilyn of the efforts to keep her husband alive. Test results landed Larry a visit from John Wilson MD, an electrophysiology specialist and the hospital's medical director of Cardiology. "Larry was lucky to be so near a medical team when his heart stopped. Surviving a cardiac event requires a quick response. It's critical to a positive outcome," says Dr. Wilson.



Enthusiastic staff of Good Samaritan and TriHealth teach Reds' fans that CPR saves lives; shown here at a game in late May.

Within days Dr. Wilson placed an implantable cardioverter defibrillator near Larry's left shoulder. The device, about the size of a silver dollar, will monitor Larry's heartbeat and deliver an electrical shock when necessary to restore a normal rhythm.

Five days after his near-fatal incident at the ball park, emotional and grateful for the care he received at Good Samaritan, Larry headed back to Chicago, his health fully stable. He choose to have follow-up surgery, recommended by Dr. Wilson, in the comfort of his hometown.

Cincinnati fan for life

In May, Larry returned to Great American Ball Park to watch the Reds host the Cubs once again. This time things were different. Larry, healthy and happy, strolled to the pitcher's mound where he threw the ceremonial first pitch to Dr. Lifshitz who had helped save his life. Together they brought attention to the importance of CPR to the thousands of fans gathered there. This time the game ended differently too. The Reds won!

Thombson

In Memory of... Noreen Allaire Anonymous Ruth Ann Ranenn Mary Jo LoParo Ro Sally Verdin Archibald-Ruff Famil Linda Archibald Ruf Mary Lee Atkins Chris Atkins Mr. and Mrs. Edwin Baie Ginny Baier Ingli Alex Bain GSH Medical and Dental Staff Dolores Beckman Andrea Beckman Angela Sourd Berninge Eileen A. Vester Irvin F. Beumer Mary Ellen Beumer Sophia Marie Bill Mrs. Rose Marie Hamilton Sister Myra Bradley Mr. and Mrs. Daniel C Wood Edward Bramkamp Barbara Abkina Ruth Ann Rapenn Mary Loraine Brown (Bergman) Mr and Mrs Allen Dohan Mr and Mrs Carl R Susan I Martin James Brunsman Mr. and Mrs. James B Katrina R. Brunsmai Mr. and Mrs. Michae Brunsman Khloe Jayden Buchanai Mr. Steven M. O'Neil Nancy Wall Buelterman Peggy Frondorf Sybil Burt Flaine Fhrhard Robert Busch Ms. Jennifer Cyru Mary Kay Carey Ann Ammann Mr. and Mrs. John G Doran Mr and Mrs Clifford H Dornette III Ioan Dornette Mr. and Mrs. James E. Haf Connie Carnahan Mr and Mrs Roderic Surder Linda Carr Vickie Wolnitzek Katie Carrigan Charlene Adamson Laug Raber Barbara Bartlett Jeanette Binder Patricia A. Dolle Sharon Franklin Eberba Linda Fraley Ianet Ginn Kathleen A. Grebb JoAnn Droege Hoppenjan Barbara Fasce Kelly Bonnie Kemper Barbara Perazzo Kettle Mary K. Lewis Mary G. Moran Arlene M. Niebaus '69 Mary Moore Simcoe Susan Pfister Thomas

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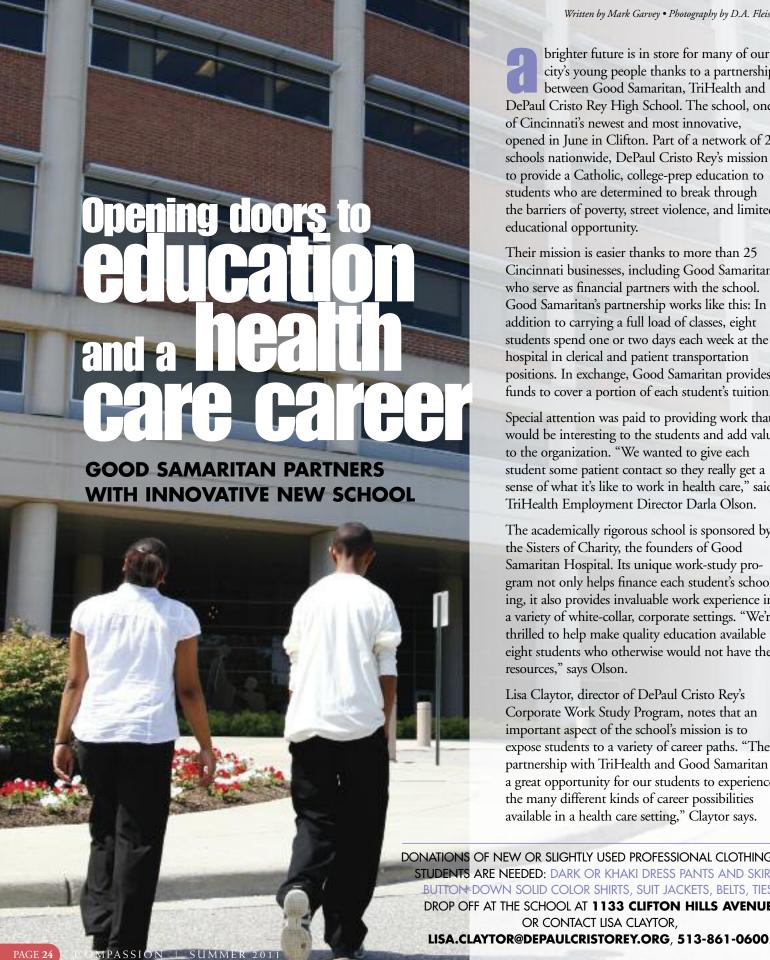
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brighter future is in store for many of our city's young people thanks to a partnership between Good Samaritan, TriHealth and DePaul Cristo Rey High School. The school, one of Cincinnati's newest and most innovative, opened in June in Clifton. Part of a network of 24 schools nationwide, DePaul Cristo Rey's mission is to provide a Catholic, college-prep education to students who are determined to break through the barriers of poverty, street violence, and limited educational opportunity.

Their mission is easier thanks to more than 25 Cincinnati businesses, including Good Samaritan, who serve as financial partners with the school. Good Samaritan's partnership works like this: In addition to carrying a full load of classes, eight students spend one or two days each week at the hospital in clerical and patient transportation positions. In exchange, Good Samaritan provides funds to cover a portion of each student's tuition.

Special attention was paid to providing work that would be interesting to the students and add value to the organization. "We wanted to give each student some patient contact so they really get a sense of what it's like to work in health care," said TriHealth Employment Director Darla Olson.

The academically rigorous school is sponsored by the Sisters of Charity, the founders of Good Samaritan Hospital. Its unique work-study program not only helps finance each student's schooling, it also provides invaluable work experience in a variety of white-collar, corporate settings. "We're thrilled to help make quality education available to eight students who otherwise would not have the resources," says Olson.

Lisa Claytor, director of DePaul Cristo Rey's Corporate Work Study Program, notes that an important aspect of the school's mission is to expose students to a variety of career paths. "The partnership with TriHealth and Good Samaritan is a great opportunity for our students to experience the many different kinds of career possibilities available in a health care setting," Claytor says.

DONATIONS OF NEW OR SLIGHTLY USED PROFESSIONAL CLOTHING FOR STUDENTS ARE NEEDED: DARK OR KHAKI DRESS PANTS AND SKIRTS. BUTTON-DOWN SOLID COLOR SHIRTS, SUIT JACKETS, BELTS, TIES

DROP OFF AT THE SCHOOL AT 1133 CLIFTON HILLS AVENUE, OR CONTACT LISA CLAYTOR,

ames Newberne still remembers the steady groan of the Iron Lung keeping polio patients alive in hospital wards in the late 1950s. "It was a mournful sound. These patients had no hope of recovery," he recalls. But hope for the future was just a few short years ahead and he would play a kev role.

Having earned a doctorate in veterinary medicine, a master's degree in pathology, and a PhD in toxicology, Dr. Newberne was full of hope when invited to help develop the Salk polio vaccine. "Every batch of vaccine - we made it in bulk, gallons at a time – had to pass more than 60 tests before it was approved. I had a few sleepless nights waiting for those approvals," he remembers. His dedication and those of his colleagues resulted in the virtual elimination of polio by the late 60s.

FOUNDATION FEATURE James Newberne DVM, PhD

A lifetime of hope

Hope for a cure also led Dr. Newberne and colleague Anton Schwarz MD, PhD to develop a measles vaccine that is still used today.

And it was hope for a miracle that led him to become a key player in the development of Clomid, today's most commonly used fertility drug.

Hope in research

Hope for a cure for any disease begins with research. That's why Dr. Newberne, a lifelong scientist is an avid supporter to Good Samaritan's Hatton Research Institute. "We constantly need research to review old ideas, and to invent new ones. Research requires mental prowess, trained people, and financial support," he explains. For years he served on Hatton's Institutional Review Board. He also supervised some of the research of the hospital's residents. Today he's happy to provide funding to support the important research that occurs

Dr. Newberne's deep love for the hospital and the work that goes on there is evident. "I like to greet anyone with a hug, especially if they are affiliated with Good Sam!" he says with a gentle laugh. A highly respected research consultant into his early 80s, Dr. Newberne, now 87, knows the richness of his life.

He grew up on a farm, "which was ideal during the Great Depression; we always had food on the table," he says. College at age 15. By 30 he had fought a war and become a veterinarian. An accomplished musician and composer, he created and performed in numerous bands, and played back up for Frank Sinatra before "Sinatra" was a household word. Dr. Newberne's wife of 54 years is deceased. He lives with his daughter, one of three children, in Finneytown.

To learn about the many ways you can support the efforts of the Good Samaritan Foundation, call **513-862-3786**.

"We constantly need research to review old ideas, and to invent new ones. Research requires mental prowess, trained people, and financial support."