



COMPASSIONATE giving

Biannual News from Good Samaritan Foundation | FALL 2018



- p. 3 **The Science of Gratitude**
- p. 4 **3 Causes Facing Our Community**
- p. 8 **Philanthropy Makes Heroes:
The Forbush Family Story**



Good Samaritan
Foundation



Mary Rafferty with Dr. Sandy Gardner

Hope Lives in Gratitude

For the daughters, mothers and women in our community, the topic of women's health is both essential and deeply personal.

Women's health touches our lives each and every day. However, women's health also extends beyond our own well-being. It impacts our families—and what impacts our families, impacts our entire community. For this reason, women's health embodies the very spirit of philanthropy: it reconnects us and reminds us of how grateful we are to the men and women at Good Samaritan who see us through both the challenges and the miracles in life.

I'd like to share with you a personal story. A story about how women's health has recently impacted my own life and how I now see the world just a little differently. My daughter Dianna is 29 years old and has always been the sort of vivacious young girl that makes a parent proud. Several months ago she said the words many parents hope to one day hear from their adult children: "Mom, you're going to be a grandparent!" My husband Rick and I were ecstatic, overcome with joy—a word Rick often uses to describe our only child. That day held special meaning for us as it would most parents. However, it also held particular significance for another reason. You see, it had only been six months since Dianna married her soulmate, Chad, and twelve months since she had a routine visit to her gynecologist that was anything but routine. Dr. Sandy Gardner had seen something that other physicians may have just passed off as slightly

less than normal. But she wouldn't settle for that. Dr. Gardner handled Dianna's care as she would her own child, scheduling a more aggressive review and subsequent procedure to confirm that what she saw was in fact cervical cancer. That extra step, that extra show of compassion, saved Dianna's life and changed ours forever. Through months of doctor visits, we experienced firsthand how human kindness and expertise can shape our view of the world. How it can lift you up in spite of the difficulties.

Sadly, in April Dianna and Chad lost their baby. It's a story we all hear too often in this community. But we will not give up. We cannot lose hope. We must find the gratitude within ourselves and use it to power the future. Generations of caring donors have provided us with the resources we need to make a difference each day in women's health by providing the support we need to battle obesity, diabetes, heart disease, premature birth and infant mortality. Thank you to all the physicians, nurses and especially our Foundation Family of donors who make miracles happen. Together, the future is bright.

With gratitude,

Mary L. Rafferty
President and Chief Executive Officer
Good Samaritan Foundation

Inside TriHealth

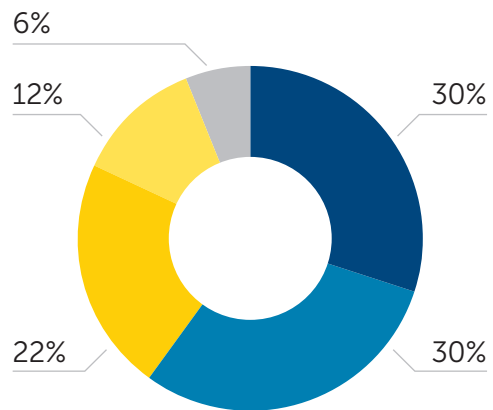
We hope you know that you, our family of donors, change lives every day by helping Good Samaritan and TriHealth fulfill our mission to improve the health status of the people we serve. We also want you to know that your investment is part of a TriHealth-wide strategy to improve the health of the community.

At Good Samaritan and TriHealth, our daily work is driven by our five System Pillar Goals. As you can see, you are critical in this effort. We invite you to continue your partnership with us in Fiscal Year 2019 and beyond as we work for a healthy future for our community.

Fiscal Year 2018 Annual Report

Contributions:

■ Foundations.....	\$909,624	30%
■ Individuals.....	\$914,623	30%
■ Business/Corporations.....	\$683,026	22%
■ Trusts/Estates.....	\$354,073	12%
■ Guild.....	\$200,198	6%
Total.....	\$3,061,544	100%



Areas of Impact

Culture/ People

Create an engaged workforce.



Educating
the Caregivers
of Tomorrow
\$601,851
14%

Service

Create a consistently exceptional TriHealth patient experience.



Supporting
Patients and
Families
\$1,810,866
42%

Quality/ Safety

Offer exceptional quality and safety to every patient, every time.



Caring
for the
Community
\$1,225,246
29%



Creating
Healing
Environments
\$599,857
14%

Growth

Expand the population we serve.



Innovating
the Future
of Care
\$28,161
1%

Finance

Strengthen our financial health to fund our future.



Total
\$4,265,981
100%

Perspectives...

Women's health affects us all. To learn more, we sat down with two of our Foundation Trustees to discover the insights behind their passion for volunteering, philanthropy and the future of health care.

Dan Neyer is the current Good Samaritan Foundation Board of Trustees Chair. When asked about women's health, he immediately turns to his family: "The three most influential ladies in my life are my mother, wife and daughter. Each of these amazing women has had their lives directly affected by women's health issues—and by extension, my life and the lives of our entire family have been affected." Sadly, Dan's mother passed due to complications from dementia. Through that experience, he witnessed firsthand how men and women have unique needs and why a special focus on women's health is essential.

Thankfully, his wife and daughter are both healthy today. But Dan tells us the road was difficult: "When my wife began her battle against breast cancer, it was a scary time, as was my daughter's leukemia diagnosis at only 15 years old. It brought into perspective why genetics, family history and a proactive approach to health care was so important. It also made me realize how lucky we were. Not everyone has access to education or treatment—particularly those in poverty."

When asked of philanthropy's role for the future, Dan shares: "My personal pursuit is in doing all I can to build upon the amazing resources at Good Samaritan, to support research and innovations that seek prevention instead of after-the-fact treatment options. If I could encourage one thing from our fellow advocates, it's that there is urgency to this cause. There are real daughters, wives and mothers in need of help. We must pull together and do more."



Dan Neyer



Phyllis Adams

Phyllis Adams is the current Good Samaritan Foundation Board of Trustees Vice-Chair and a longtime advocate for women's health in Cincinnati. Through her personal experiences as a mother and breast cancer survivor, as well as her work in the community, Phyllis is passionate about supporting women through the Foundation:

"First and foremost, we need to understand that women view their health differently than they did years ago. Today, we're encouraged to take control of our bodies, to discuss physical, mental and social aspects openly." She continues: "Not only do we need to consider how female physicians play an important role in interpreting women's health, but we also need to support the facilities that focus on treating them. And not just treating the patient, but rather the entire family. It really all comes down to the people—the physicians and nurses at Good Sam who make it possible for us to live with the assuredness we need to get well and stay well."

Phyllis has also reminded us that with the right care, difficult times can lead to miracles: "My two daughters were born at Good Sam, and both were high risk pregnancies. As an inexperienced mother, being treated as if you are part of the hospital's family left my husband and I with nothing but feelings of intense gratitude and joy. However, the future isn't so simple for everyone in our community. Unfortunately, there is an entire population of young women who need our support. We need to continue to encourage collaboration in the community. This is what invigorates me and drives me to stay involved."

The Science of Gratitude

Here at the Foundation, we hear stories almost daily. However, they aren't always what you'd imagine. We've learned that often it's the little things that make the biggest difference for patients and their families: Physicians taking the time to communicate in a personal and inclusive way. Nurses attending to both mental and physical ailments, sometimes working overtime to bring a bit more clarity, comfort or hope to a family in doubt. Receptionists, cafeteria staff and other Good Sam team members taking just a bit more time to show compassion. These stories of gratitude are in many ways different from stories of thankfulness. Because gratitude is at the heart of everything we do, we thought it would be worthwhile to explore it further. The following are excerpts from a recently published article by health care philanthropy experts Betsy Chapin Taylor and Dr. Robert A. Emmons: *Embracing the Science Behind Grateful Engagement.*

1 The Difference between Gratitude and Thankfulness

- **The benefit was unexpected and unearned.** Gratitude is sparked when a benefit is provided that was not requested, expected or earned.
- **Receipt of the benefit moves the receiver.** Those experiencing gratitude don't just take the benefit received in stride. It touches them. It emotionally moves them.
- **The intention behind the good deed matters.** When a recipient feels the action is rooted in genuine care and goodwill because the giver understood and cared about her, she is more inclined to both experience gratitude and to reciprocate the kindness.
- **Gratitude is action-oriented.** Gratitude is an action. The expressions of gratitude go beyond a simple tit-for-tat reciprocity. Gratitude felt can even inspire great acts of charity and philanthropy.

2 Gratitude Connects Us

According to health care philanthropy expert Betsy Chapin Taylor: **"Gratitude doesn't just light up your face; it also lights up your brain.** Neuroimaging of the brain lets scientists visualize how brain regions process information by making areas 'light up' on a scan. When someone experiences gratitude, it not only activates the brain's pleasure and reward center but also affects areas associated with morality, connecting with others and taking their perspective. So, gratitude doesn't just 'feel good' but also compels the recipient to consider the rightness of connecting with others. Thus, scientists characterize gratitude in action as a type of social glue that functions to strengthen relationships between people and to facilitate social bonding that safeguards well-being."

3 Gratitude Heals Us

"We have the evidence," Taylor writes: "It's impressive and growing every day. **Clinical trials indicate the practice of gratitude can have dramatic and lasting effects in a person's life.** It can lower blood pressure, improve immune function and facilitate more efficient sleep. Gratitude reduces lifetime risk for depression, anxiety and substance abuse disorders. Grateful people engage in more exercise, have better dietary behaviors, are less likely to smoke and abuse alcohol and have higher rates of medication adherence. Gratitude is good medicine!"



3 Causes

Facing our Communities

According to a recent study from the Bill and Melinda Gates Foundation, **less than 5% of the global population are in 'perfect health.'** Take into consideration that there are also invisible disabilities and illnesses, and it's pretty safe to say there is urgency for understanding and educating ourselves on health issues. Our purpose at the Good Samaritan Foundation is to connect people with the causes they care about—to make a difference in the lives of our families and communities. Together, armed with better understanding and shared purpose, we can continue to provide hope to our region.

1 Heart Disease

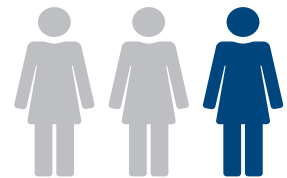


Heart disease is the **#1 cause of death** in the City of Cincinnati.



Heart disease affects men and women differently—symptoms, medications, procedures and even survival rates vary greatly.

In the U.S., cardiovascular diseases cause **1 in 3** women's death each year, taking more women's lives than all cancers combined.



How we can work together

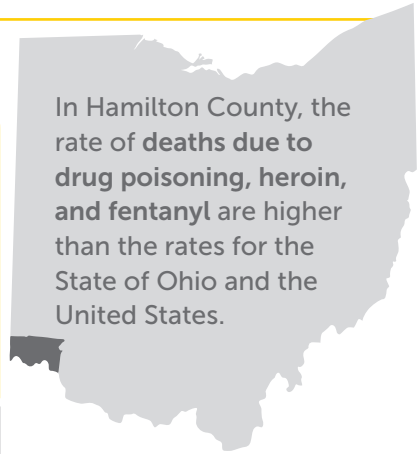
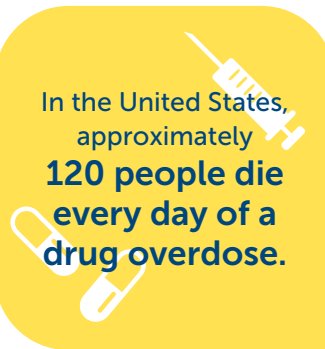
At the TriHealth Heart Institute there have been initiatives underway to educate and increase access to care. Helping our community members understand how to control blood pressure, manage cholesterol levels, maintain a healthy weight, exercise daily and eat healthy are all important, but through philanthropy, we can do even more. Through philanthropically funding projects such as the most advanced surgical robots, we have a special ability to direct resources to proactively pursue life-changing innovations.



2 Opioid Epidemic

Join the effort

Here in Cincinnati, we're past being on the verge of a crisis. It is estimated that 45% of people who use heroin are also addicted to prescription opioid painkillers, and heroin use has more than doubled among young adults ages 18-25 in the past decade. At the Foundation, we are supporting the Good Samaritan Behavioral Health Department and TriHealth Opioid Task Force to tackle this problem head-on. Please, contact us today if you're interested in joining the fight.

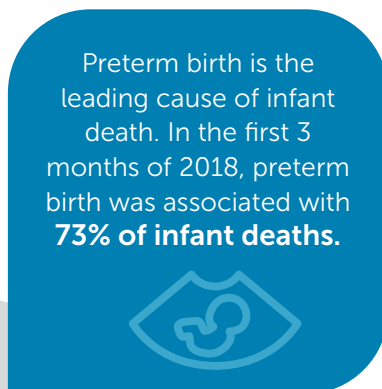


Heroin overdose death rates increased by 26% from 2013 to 2014 and have more than tripled since 2010.

3 Infant Mortality

You continue to make a difference

Good Samaritan Hospital is known as the premier leader in maternity care. The Foundation is proud to partner with our care teams who are active not only in combating preterm birth and infant mortality, but also in reducing it. Through innovative programs that emphasize community collaboration and social determinants of health, we are improving the health of mothers and babies. If you're interested in connecting with others who share this passion or wish to hear their stories of hope, we stand ready to help.



Hamilton County's **Infant Mortality Rate** is amongst **the worst 10% in the nation.**

Incredible Ways to Connect and Make an Impact

Meet other philanthropically motivated individuals, learn about causes we're meeting head on and join us on our journey to making a difference.



Attend The Good Samaritans' Gala

Come celebrate the 35th Annual Gala on February 9, 2019 with a theme of Good Luck, Good Health, Good Cheer—Let's Celebrate Chinese New Year! Your support will help create a Personalized Medicine Program at the TriHealth Cancer Institute at Good Samaritan Hospital, which will save lives by improving diagnostics and treatment strategies that are unique to each person.

To take action today, call us at 513 862 3786 or email us at gshfoundation@trihealth.com.

Volunteer

Join one (or both!) of our affiliated volunteer organizations: The Good Samaritans and Good Samaritan Hospital Guild. Contact us for additional opportunities to make a difference.



2018 Gala Co-Chair Mary Beth Schmidt, Chair Holly Mouch and Co-Chair Felicia Burger

Take a Tour

Come visit us to see the impact of philanthropy in action. We are happy to arrange a tour with Women's Services or another area close to your heart.



Visit our new maternity suites or another area of interest.



Grateful Patients Joe and Kelly Beischel with the care team of 14AB

Honor a Caregiver

Become part of the Grateful Patients and Families Program by sharing your story and making a gift in honor of a doctor, nurse or team member who has made a difference in your life.

“To have such knowledgeable, friendly and conscientious nurses make Good Samaritan a real asset to the community and people in need of medical care. When Good Samaritan speaks of good patient care, you need to look no further than Nina, Karen and Corey.” **–Grateful Patient**

“I wondered, do nurses really deliver the evidence-based, patient-centered, safe, quality care that is essential to good outcomes? Well, my question was unequivocally answered during Joe's hospitalizations. Yes, this type of nursing care is being delivered on 14AB at Good Samaritan Hospital.” **–Grateful Patients Joe and Kelly Beischel**

Host a Cause Party

Gather for a cause—you provide the location and guests, we provide a speaker on a topic of interest to you. This is a great way to connect with friends and family by learning how to join us in creating change in our community.



Philanthropy Makes Heroes

Smith, Jackson and Parker Forbush love playing superheroes. Their choices—Superman, Batman and Spiderman. Each insists on his own costume and imagines his unique powers as they battle it out in their toy room on a Tuesday afternoon in Memphis. Their

parents, Matt and Kathleen, along with extended family prepare for the very first birthday party for the youngest Forbush, one-year-old Ruby. For an afternoon, they opened their home, their history and their hearts to us, sharing how philanthropy impacted their lives. This is their story.

...because of the support, generosity and willingness of donors to pursue tomorrow's advancements today — miracles happen.

“I’ll always remember the day our daughter showed me her ultrasound,” says Diane Smith, Kathleen’s mother: “She asked me what I saw. I just said, ‘I see three dots, what am I missing?’ Kathleen replied, ‘No mom; that’s it!’”

Almost four years ago, Kathleen and Matt learned that she was pregnant with triplets. “We didn’t know if we were able to even have children, so when we got the news that I was pregnant with three, we could hardly imagine it,” says Kathleen.

As Kathleen’s pregnancy proceeded normally for a number of months, they prepared by moving into a larger space, getting as ready as anyone could. Then one day, they went for a routine checkup and were thrown into an unimaginable world. Kathleen explains, “Our physician gave us a very serious look and then said, ‘We need to get you to Cincinnati, right now!’” What the physician had seen was a stage IV case of Twin-Twin Transfusion Syndrome (TTTS) with two of the three babies. Without treatment, usually prenatal surgery, TTTS can be fatal for both babies.

For unborn Jackson and Parker, every moment now meant the difference between life and death. The possibility of losing two of their three unborn babies was very real. Kathleen tells us: “We were lucky. We had immediate access to a plane that could get us to Good Samaritan Hospital and didn’t have to drive. Stage IV is so serious that we’ve heard of babies not making it to the hospital in time. Had we driven instead of flown, we can’t be sure how it would have turned out. It was night when we got there, and Dr. Habli was waiting for us. Within moments, we were brought up to speed on the urgency of the situation, and I was immediately given medication to strengthen the boys’ hearts. At 5:00 the next morning, I was taken into surgery.”

A few years earlier, the Good Samaritan Foundation, working with the TriState Maternal Fetal Medicine Associates at Good Samaritan Hospital, had decided to proactively pursue philanthropic funding that would allow for the type of life-saving surgery the Forbushes received. Without our donors, stories like the Forbush’s might be very different. But because of the

support, generosity and willingness of donors to pursue tomorrow’s advancements today — miracles happen. We sometimes forget that philanthropy creates heroes: Heroes like Dr. Mounira Habli, our nursing and care teams and our donors themselves.

As we continue our conversation with the Forbushes, Matt’s parents, grandparents to the triplets and their younger sister Ruby, reveal: “We always knew Kathleen was strong, but we couldn’t imagine just how strong. Matt is an amazing son, but even he’d tell you that he leaned on Kathleen during this time. She was that strong. We also know that strength is something that depends on confidence in your medical providers. The doctors and nurses who still check in on our family are truly miracle makers.”

Today, three rambunctious, superhero three-year-olds are playing together as their parents and grandparents look on with smiles. In health care, moments matter—sometimes it’s those moments when we’re being rushed into surgery, sometimes it’s those moments when we stop to imagine a better world through charitable giving. In a story like the Forbush’s, there are many heroes. As a Foundation, we are proud to know so many heroes, like you. Thank you.



To see more of the Forbush family story, watch the video on gshfoundation.com.

Your Philanthropy Update



Officers of Good Samaritan Hospital Guild | Back row, left to right: Tom Laverty, Jacqueline Evans, Carol Mayborg, Trina McAlister, Amy Hayden, Darlene Ambach, Ann Mullins, Sandy Kiefer | Front row, left to right: Fran Conners, Candy Hart, Mary Griffin | Not pictured: Terry Miller

Good Samaritan Hospital Guild

In May 2018, the Guild held its annual membership meeting. Led by its Officers, the Guild decided to forge a new path in their longstanding commitment to support key initiatives at Good Samaritan Hospital by partnering with Joseph-Beth Booksellers to carry on the operational services of the gift shop.

The gift shop underwent a renovation and re-opened in July. It now features Joseph-Beth's selection of everyday essentials, hospital apparel, treats, greeting cards, books, magazines, floral items and more. Through this partnership, the Guild looks forward to a bright future of continuing to fund projects and programs throughout Good Samaritan that enhance care for patients, their families and the community at large.



Joyce Lehmann and Melody Weil

The Good Samaritans

With more than \$8.4 million raised over the past 34 years, The Good Samaritans continue their work to improve health care for the Cincinnati community. During their annual meeting in April, 2018 Gala Chair Holly Mouch made the following distributions from the event:



\$346,500

Behavioral Health Drug and Alcohol Program



\$10,000

Good Samaritan Free Health Center



\$10,000

Medical Education Research Fund

In addition to celebrating the impact of the 2018 Gala, The Good Samaritans set their sights on the 2019 Gala. This year's Chair is Joyce Lehmann, and her Co-Chair is Melody Weil.

Your Philanthropy Update



Lily Vu and Brooke Hollandsworth



Megan Kock



Maddie Feeney

TriHealth/Seton Summer Employment Program

Young women are the future of women's health. To prepare them to make an impact, TriHealth, Seton High School and SC Ministry Foundation partnered for a 17th year of the Summer Employment Program, a partnership that helps all organizations fulfill our missions which are rooted in the Sisters of Charity of Cincinnati.

This program was made possible through the generous support of the SC Ministry Foundation, which promotes the mission and ministry of the Sisters of Charity of Cincinnati. Seton students are paired with a TriHealth mentor to gain real-world work experience as a TriHealth team member. This year, 52 students worked with 39 mentors in more than 9 locations, both in clinical and non-clinical settings.

We are proud to be part of this effort that cultivates young women as the future health care workers of our community.

Tribute Gifts

Honoring someone's life by changing another is gratitude at work. We thank everyone for making gifts in honor or memory of someone special to you.

For the full list of honorees and donors, please visit gshfoundation.com and click on Donor Recognition.

Psst...A Hint at What's Next

Did you know that approximately 1.7 million people in the United States will be diagnosed with cancer in 2018? Did you also know that the TriHealth Cancer Institute diagnoses and treats more cancer patients than any other health system in Cincinnati?

We look forward to sharing more about our work to turn cancer patients into cancer survivors in our Spring 2019 Issue.



National Doctors' Day

Good Samaritan Foundation Celebrates National Doctors' Day

In celebration of National Doctors' Day on March 30, more than 150 Good Samaritan and TriHealth physicians were recognized by past and current patients and families who made a gift to Good Samaritan Foundation. Patients also wrote notes of thanks along with their gifts. Here is a sample of these words of gratitude:

Dr. Marc Alexander

"I would just like to share how much I appreciate Dr. Alexander. I have been a patient of his for many years and he is truly a professional in every way. He is one of the most knowledgeable doctors I have ever seen. He is straight forward and honest with you when you visit him. He is also a very good Catholic with good morals. What an incredible man. Thank you God for blessing us with Marc Alexander."

Dr. David Lustig

"Dr. Lustig is a good listener. He explains his diagnosis in a way that addresses my concern. I am pleased with the professional medical care he has shown me."

Dr. Theresa Aurand

"Dr. Aurand has called me from home on her days off to check on me—she has made herself the front runner in my care. Dr. Aurand is compassionate, she is thorough and she is genuine."

Dr. Megan Kessler

"Dr. Kessler helped me and my husband through the two hardest days of our lives, delivering our deceased baby. Her kindness and bright and soothing personality made me feel protected and cared for. She has continued to be as encouraging as she was those days each time I have seen her since. Thank you Dr. Kessler for continuing to care. You truly do have a heart of gold."

Good Samaritan Foundation joins these generous individuals in thanking ALL our talented and compassionate physicians! Below is the list of doctors who received special acknowledgement from Good Samaritan Foundation.

- | | | | | | |
|-----------------------------|-------------------------|-----------------------|---------------------------|--------------------------|--------------------------|
| Dr. Elizabeth Alexander | Dr. Edward Crane | Dr. Joseph Hazen | Dr. Eric J. Kuhn | Dr. Juan Mejia | Dr. Kurt Schibler |
| Dr. Marc Alexander | Dr. Richard Dammel | Dr. Michael Heile | Dr. Paula LaFranconi | Dr. Patrick Muck | Dr. Francis J. Schlueter |
| Dr. Robert Altenau | Dr. Mark Deutsch | Dr. Clyde Henderson | Dr. Donna Lambers | Dr. Ekta Nayyer | Dr. Mark Schrand |
| Dr. Aparna Pradeep Ambe | Dr. Emily Dixon | Dr. David Hess | Dr. Lee Lautman | Dr. Alison Perkins Neff | Dr. Stephen Schuermann |
| Dr. Mark T. Andolina | Dr. Diane Dolensky | Dr. Corey Hobbs | Dr. James Leonard | Dr. Sharon Nicholas | Dr. Kimberly Seltzer |
| Dr. Theresa A. Aurand Nurre | Dr. Walter E. Donnelly | Dr. Terri Hoopes | Dr. Joann Lohr | Dr. Lee Niemeyer | Dr. Puvi Seshiah |
| Dr. Dallas Auvil | Dr. James Donovan | Dr. Joseph Huschart | Dr. Don Scott Long | Dr. Andrew Parchman | Dr. Michael L. Shehata |
| Dr. Jack Basil | Dr. David Draper | Dr. Robert Hutchins | Dr. John Loughrey | Dr. Stephen Park | Dr. Roshni Shetty |
| Dr. Amy Benge | Dr. Erik Dunki-Jacobs | Dr. Seth Isaacs | Dr. David Lustig | Dr. James Pavelka | Dr. Samantha Shirk |
| Dr. Stephen Blatt | Dr. Erhan Erdeger | Dr. Andrew S. Islam | Dr. Sorina Macavei | Dr. Allan R. Peck | Dr. Kevin Shumrick |
| Dr. Thaddeus Bort | Dr. Fabiola Feldhaus | Dr. Meenakshi Iyer | Dr. James F. Maher | Dr. Joyce Philip | Dr. Matthew Simon |
| Dr. Kim Brady | Dr. James Fidelholtz | Dr. Amie Jackson | Dr. Shala Mallick | Dr. Douglas Puterbaugh | Dr. J. Michael Smith |
| Dr. Ranga Brahmamdam | Dr. Allison Finley | Dr. Kathryn Jadeed | Dr. Michael Marcotte | Dr. Nicole Puterbaugh | Dr. Mark Snyder |
| Dr. Kevin Budke | Elizabeth Gaitley, PA-C | Dr. Lincoln Jimenez | Dr. William Martin | Dr. Robert A. Raines Jr. | Dr. Kirubel Tefera |
| Dr. Mauricio Caceres | Dr. Ronald Gall | Dr. Peter J. Kambelos | Dr. Scott Massa | Dr. William Rath | Dr. Joseph D. Thomas |
| Dr. Christopher Carroll | Dr. Karen Gersch | Dr. George Kerlakian | Dr. Paul Massoud | Dr. Matthew Recht | Dr. Christopher Thoresen |
| Dr. Rajagopal Chadalavada | Dr. Michel Ghastine | Dr. Megan Kessler | Dr. Gina Matacia-Murphy | Dr. David Reed | Dr. Joseph Thorpe |
| Dr. Elise Chambers | Dr. Freidoon Ghazi | Dr. Sara Khaja | Dr. Sajini Mathew | Dr. Kevin Reilly | Dr. Kevin M Tymitz |
| Dr. Atul Chandoke | Dr. Diana Girnita | Dr. Rhazi Khodadad | Dr. C.G. Toby Mathias | Dr. Raymond Reuss | Dr. Jennifer M. Walker |
| Dr. Mohammed Chaudhry | Dr. Kevin Grannan | Dr. Anton Khouri | Dr. Joshua B. Max | Dr. Andrew Ringer | Dr. Christine M. Wallace |
| Dr. Carol Choi | Dr. Thomas Green | Dr. Thomas Kieffhaber | Dr. Farzad Mazloomi | Dr. Michael T. Rohmiller | Dr. Jacqueline Ward |
| Dr. Sambhu Choudhury | Dr. Lynn Gronbach | Dr. David Kirkpatrick | Dr. Timothy McCarren | Dr. Robert Rolf | Dr. Barbara Wexelman |
| Dr. G. Stephen Cleves | Dr. Aaron Grossman | Dr. Elie Klam | Dr. Malinda McCoy | Dr. Geoffrey Rose | Dr. John Wilson |
| Dr. Francis M. Collins | Dr. Michelle E. Groves | Dr. Steven Kleeman | Dr. Nancy McDonough | Dr. Mark Rudemiller | Dr. David Wiltse |
| Dr. Kristen Coppage | Dr. Hamza Guend | Dr. Tara Knipper | Dr. Christopher McPherson | Dr. Dianne M. Runk | Dr. Marshall Winner |
| Dr. Thomas Coyle | Dr. Sai K. Hanumanthu | Dr. Regina Kohls | Dr. Apurva Mehta | Dr. Alexander Saba | Dr. Lisa Yang |

Never Give Up

Helen Lowe is not your typical 41-year-old single mom. Her recent application letter to Good Samaritan College of Nursing and Health Science reveals: "In 2008, when I was pregnant with our 6th child, we found out that my husband had a malignant brain tumor. The past 9 years have been painful and difficult, and in February of this year, Matt lost his battle to brain cancer. Additionally, in January of 2014, two of my older children and their friend were walking on the sidewalk in front of their school when a car flew onto the sidewalk and hit them. Their friend died on the scene, and my daughter suffered severe injuries, which resulted in months of rehabilitation."

When we met Helen in July of this year—we did not meet a defeated mother. Instead, we met a hopeful, bright and one of the most delightful individuals you'll ever meet in this world. Helen beams when she talks about what makes each of her children special, such as 9-year-old Piper's artistic ability and positive attitude. She explains: "When I realized I would need to provide financially for my family, the very first career choice that came to mind was nursing. Throughout my husband's illness and my daughter's accident, we were well cared for by many nurses. I found that it was the men and women who took care of us

on a daily basis that really affected our stay for the better or worse. I knew that I wanted to use some of the pain in my life to help others."

The Cora Budde Scholarship was first created by Bill Budde, PhD and his family in 2007 to honor their Great Aunt Cora, a 1921 graduate of the Good Samaritan Hospital School of Nursing and a Cincinnati nurse for 50 years. For Bill and his family, helping

amazing individuals like Helen was always the goal. Bill tells us, "What impressed me most about Helen's scholarship application was, in spite of all the difficulty in her life, it was clear she was dedicated to becoming a really good nurse."

Helen's final words of encouragement in our time together are: "I hope this scholarship proves to others, to my kids, to never give up, to have hope and to continue to fight for your dreams. That's what this scholarship has brought to our family—hope." At the Foundation, we believe in dreams and are proud to now call Helen part of our family. Good luck Helen, never give up!

If you're interested in finding out more about how you can contribute or play a role in scholarships at Good Samaritan College, contact the Foundation today. To see the full list of scholarships and recipients, visit our website and click on Donor Recognition.



Bill Budde with Helen and Piper Lowe, holding their last family portrait with their husband and father.

To see more of Helen and Bill's story, watch the video on gshfoundation.com



I hope this scholarship proves to others, to my kids, to never give up, to have hope and to continue to fight for your dreams. That's what this scholarship has brought to our family—hope."

If you do not wish to receive future issues of Compassionate Giving magazine or other communications from Good Samaritan Foundation, you may opt out by calling 513 862 3786 or emailing gshfoundation@trihealth.com.

Two Powerful Words

THANK YOU

“Thank you.” These two words that have a big impact! The Grateful Patients and Families Program gives patients and their loved ones the opportunity to support Good Samaritan Hospital while saying “thank you” to caregivers who made a difference during their stay. Your gratitude and generosity is felt by each recipient and makes a difference to the patients we serve. Please take the time to show your appreciation by making a gift in honor of a physician, nurse or team member who has shown compassion and provided quality, competent care.

For more stories or to share your own, visit the Grateful Patients and Families page on gshfoundation.com.



Dr. Draper and the TriHealth Cancer Institute team



Kathy Flaherty, RN and Grateful Patient Robert Davis

“ I am under Dr. Draper’s care for cancer. This is our small way of saying thanks to Dr. Draper for his gentle yet honest companionship on this long and difficult journey. Dr. Draper embodies the Spirit of Compassion for which Good Samaritan Hospital can be justifiably proud. In fact, everyone in his Cheviot office follows the example of the Good Samaritan that Dr. Draper sets for them.”

“ This letter is long overdue.

I want to commend your employee, Kathy Flaherty, who is an Emergency Room nurse at Good Samaritan Hospital.

On the morning of January 28th, 2011 I was taken to the Emergency Department at Good Samaritan Hospital after falling on the ice while spreading salt. Kathy Flaherty was most comforting, professional and helpful to me at a time of need. Ms. Flaherty is a great credit to your hospital and to the nursing and medical profession. I appreciate the attention and care which was given to me at a time of great need.”