



Better care, better health, better value.

How TriHealth is getting healthcare right for you for a lifetime.

Population health focuses on prevention and early detection.

The model helps people stay well by offering comprehensive, expert care in every stage of life. The goal isn't just to treat disease but to promote overall well-being.

American businesses embraced traditional health insurance in the 1940s. Offering health benefits was a way to attract and retain workers. For many years, the system worked. However, things changed dramatically as medicine became more complex and healthcare costs skyrocketed.

Today, most health insurance plans reward providers for treating disease rather than promoting health. The system itself is sick — and more expensive than it needs to be.

The good news is that TriHealth, deeply rooted in Cincinnati since 1852, is taking a bold new approach to care delivery and financing called population health. In this model, insurance companies pay providers and hospitals based on the results they deliver for their patients.

At TriHealth, our journey toward the population health model began nearly a decade ago with a significant investment from our board, physician community and leadership team. We are making tremendous progress!

In this report, you'll learn:

- How population health flips the traditional U.S. healthcare model on its head
- Why a sustained commitment to population health is necessary and what it involves.
- How TriHealth makes population health work for you
- 6 steps you can take to be more proactive about your health

Most importantly, you'll discover how TriHealth can help you enjoy the best health possible with high-quality care that is more affordable. That's what we call getting healthcare right for a lifetime!

A letter from President and Chief Executive Officer Terri Hanlon-Bremer

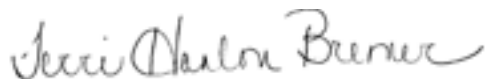
Healthcare is at its best when it meets you with compassion, helps ease the worries you may be carrying, and supports the moments and relationships that make life feel whole.

Whether you are managing a chronic condition, recovering from an illness, or simply trying to stay healthy for the people who count on you, you deserve care that listens carefully, responds thoughtfully, and walks with you along the way. That may mean a physician who takes time to understand what matters most to you, a nurse who checks in after a visit, or a care coordinator who helps remove barriers before they become setbacks. Step by step, visit by visit, our hope is to help you feel stronger, more confident, and more supported, so you can focus on the life that matters most to you. That is what better care can make possible. And that is what is at the heart of TriHealth's mission to improve the health of the patients we serve and the community we call home.

At TriHealth, it is our privilege to help care for you and more than 600,000 family members, neighbors, coworkers, and friends across every corner of our community. Behind every health issue is a person, a story, and a unique set of hopes for today and tomorrow. We know your health is deeply personal. We also know that staying well is not always simple. That is why we are here for you to help you prevent illness when possible, manage health challenges when they arise, and spend more of your time doing the things you love with the people who matter most.

Every day, our clinically integrated network of more than 1,600 expert physicians, 5,000 nurses, and medical technicians are working tirelessly to make that promise real in practical and meaningful ways. You deserve to experience care that feels more personal and proactive, communication that is clearer and more connected, and support that helps you navigate your health with greater confidence and less burden. Whether that means an extra call, an early follow-up, help understanding a medication, or assistance scheduling the next step in your care, each effort is meant to help make your experience easier and your health stronger.

This is what it means to get healthcare right – not just for a single visit or a single need but for a lifetime – for you and the community we share. It means doing all we can to help prevent illness, being there when health challenges arise, and making it a little easier for you to live well each day.



Terri Hanlon-Bremer
President & CEO of TriHealth



At TriHealth, we believe a better future for healthcare is possible, and together with you, and all the patients and families who trust us for their care, we are shaping that future across the Greater Cincinnati region every day.



Population health flips the traditional healthcare model on its head.

The U.S. health system is one of the most expensive in the world and lags other nations in life expectancy and chronic disease prevention. Compared to most other high-income nations:

- The U.S. has the highest rate of people with multiple chronic conditions.
- Our country's obesity rate is nearly twice the average.
- Americans see physicians less often and have among the lowest rates of practicing physicians and hospital beds per 1,000 people.

Traditional healthcare in this country primarily focuses on reacting to and treating disease, and it isn't working. The population health model represents a paradigm shift. It focuses on quality, value and results. It drives costs lower by keeping people out of the hospital, reducing complication rates and helping people stay well.

TriHealth makes population health work for you.

Very few health systems in the U.S. embrace the population health model. **TriHealth has spent the last decade building and perfecting just that.** This includes adopting "big data" technologies to improve clinical decision-making, disease management and quality of care. We've also worked with Medicare, Medicaid and commercial insurance companies to change our payment models. These models reward and incentivize our system and doctors to deliver better care, health and value.

Here's how population health is transforming healthcare for the better.

Broad access to primary and specialty care

Your primary care provider is the expert who manages your health and coordinates care when you need a specialist. They build lasting relationships with you and help you set meaningful wellness goals so you can enjoy the best health possible through every stage of life.

TriHealth primary care providers play a foundational role in the population health model. They rely on their training, experience, technology and data to:

- Provide high-quality, well-coordinated care with input from specialists and other providers
- Help patients with chronic illnesses manage their health
- Encourage patients to take an active role in their well-being
- Ensure patients stay current on health screenings and immunizations
- Provide continuity of care that leads to better outcomes and a healthier community

TriHealth makes it easy and convenient to find a primary care provider near you. We operate the region's largest primary care network, with locations throughout Greater Cincinnati. Why is the size of our network important? It means that no matter where you live or work, TriHealth is nearby, making it easier to get the care you need. TriHealth also offers phone, video and e-visits, giving you 24/7 access to a physician.



Most people in our four-county region can find a TriHealth primary care practice within 15 minutes of where they live. The four counties include Butler, Clermont, Hamilton and Warren Counties. We also serve people in parts of southeast Indiana and Northern Kentucky.



**TriHealth is here
when — and where —
you need us.**

13 ambulatory
care sites

330+ primary care
physicians

515+ advanced practice
providers

937+ specialist
physicians

6 hospitals

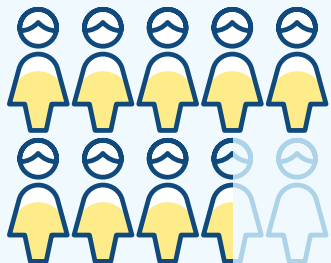
5 occupational health
centers

6 Priority Care (urgent
care) locations

9 TriHealth Clinic at
Walgreens locations

The TriHealth Physician Hospital Organization (TPHO) is a value-driven and clinically integrated organization which include employed and independent physicians. These members participate in joint hospital and physician contracting and align economic incentives for improvements within the network.

84%



**84% of women
50 & over receive
their annual
mammogram
screenings.**

*81% industry average
Source: 2025 TPO Provider Incentive Data*

Emphasis on disease prevention and early detection

Population health emphasizes disease prevention strategies, including routine health screenings. These screenings help detect disease earlier when it is more treatable. That best-case scenario often leads to effective treatment options and better outcomes.



**colorectal
cancer
screening
85%**

*74% industry average
Source: 2025 TPO Provider Incentive Data*



TriHealth has superior health screening and early cancer detection rates.

—Quality Benchmarks NCQA (MY2023)



Beating stage IV lung cancer.

Finest Johnson turned to TriHealth after he was diagnosed with stage IV lung and brain cancer in 2016. His care team included oncologists, cancer surgeons, radiation therapists, nurses and many others. These providers guided him through his treatment, listened to his questions and provided reassurance.

[Learn how Finest is doing today.](#)

A fully integrated care network

You get the right care in the right way and in the right place when your providers work together to support your health every step of the way. That's what we do at TriHealth.

Our network includes:

- Community-based primary care and specialty practices
- Major ambulatory care centers
- Nationally recognized hospitals
- Post-acute services, including hospice and home care
- Employer Health and Wellness Solutions
- Patients can seamlessly transition across the care continuum to receive the care they need.

Ambulatory Sites

- Beechmont Anderson
- Bethesda Arrow Springs
- Bethesda Butler
- Good Samaritan Clifton
- Good Samaritan Glenway
- Good Samaritan Western Ridge
- Finneytown
- Five Mile Anderson
- Kenwood
- Liberty
- Mason
- Thomas Comprehensive Care Center
- West Chester

Population health practices lead to lower healthcare costs.

TriHealth works closely with physicians to shift care to the least costly service site, which is often an outpatient location. That translates to cost savings.



Patients who utilize TriHealth for the majority of their care spend

19%

less per year,

resulting in an overall savings of

\$109_M

in healthcare expenses.

Advanced cancer, advanced care.

A routine check for abdominal pain turned into a life-changing diagnosis, but Barbara Thornton refused to give up. From aggressive chemotherapy to a complex Whipple surgery and breakthrough immunotherapy, her journey is a powerful testament to resilience, hope, and the fight against pancreatic cancer.

[Learn more about Barbara's journey.](#)



Source: payer partners and independent, third-party brokers

Diabetes Education and Care

TriHealth significantly outperforms national benchmarks in diabetes and hypertension management.

The result?

Our patients are healthier, care is safer and more accessible, and services are more affordable.

Better chronic condition management

At TriHealth, we see you and treat you as a person. We hear your concerns and recommend the best plan to support your health and well-being. This approach is critical for people with chronic conditions such as diabetes, coronary artery disease and hypertension. Our providers offer personalized guidance, education and resources, empowering patients to feel their best.



85%
of our
diabetes
patients

have their A1c in control.

78% industry average
Source: 2025 TPHO Provider Incentive Data

TriHealth has superior chronic condition management rates.

 **78%** blood pressure control

77% industry average
Source: 2025 TPHO Provider Incentive Data

 **82%** kidney health evaluation for patients with diabetes

69% industry average
Source: 2025 TPHO Provider Incentive Data



Providers who care make all the difference.

Despite his family history, the possibility of Type 2 Diabetes wasn't always at the forefront of TriHealth patient Steve Ulmer's mind. When he finally got serious, the TriHealth Diabetes Education Team provided Steve with the resources and knowledge he needed to make a change. "Stay close to your primary—I would have never known about the diabetes care team that TriHealth has built today," he says.

[Learn more about Steve's story.](#)

Creating healthier communities through health equity

Everyone should have the opportunity to achieve their best possible health. Yet the reality is that health outcomes are influenced by much more than medical care alone. Factors such as access to services, transportation, affordable housing, nutritious food, education, and economic stability can affect an individual's ability to stay healthy and receive timely care.

At TriHealth, advancing health equity means recognizing and addressing the factors that can create barriers to health. Guided by the TriHealth Center for Health Equity and supported by our integrated clinical network, dedicated care teams, and data-driven insights, we are working to:

- Improve access to high-quality care across the communities we serve.
- Identify and address barriers that may impact health outcomes.
- Connect patients and families to community resources and support services.
- Use data to better understand and reduce disparities in care and outcomes.
- Expand opportunities for individuals to achieve better health and well-being.

Our commitment extends beyond our clinics and hospitals

Through partnerships with schools, faith communities, nonprofit organizations, and other trusted community partners, we help connect individuals and families with education, support services, and resources that promote healthier lives.

By raising awareness of preventive care, expanding physical and digital access to providers across rural and urban communities, and collaborating across sectors, we are advancing TriHealth's mission to improve the health status of the people and communities we serve.

“Lasting health improvement happens when health systems and communities work together to create opportunities for people to thrive. Through collaboration and shared purpose, we can expand access, strengthen support systems, and improve health outcomes for all.”

Thomas Shockley, Jr., MD,
Chief Health Equity Officer and
Associate Chief Medical Officer

Better health is in your DNA.

Learn more about a community health research program at TriHealth.



Who is eligible to join?

You are eligible to participate if you are 18 years or older at the time of enrollment. You are not eligible to participate if you are a recipient of a donor bone marrow or stem cell transplant.

Is there a cost to participate?

No. Because this is a research program, there is no cost to participate and health insurance is not required.

What can I learn from participating?

You can learn about your:

- Genetic risk for developing certain cancers (like breast, ovarian and colon cancer) and a cause of heart disease
- Regional ancestry
- Genetic traits, like caffeine sensitivity and sleep patterns

How can I sign up?

Go to TriHealth.com/DNADiscovery or scan the QR Code to sign up.



“It's a great precautionary thing to do—for not only yourself, but for your family.”

Learn more about Terri & Victoria's experience with DNA Discovery.

Training Future Caregivers

At TriHealth, we are committed to training the next generation of healthcare professionals to meet the needs of our community for decades to come. We have long collaborated with Xavier University to train nurses and healthcare administrators, and that collaboration will extend to physicians as Xavier opens its College of Osteopathic Medicine in 2027. As we advance new and existing partnerships with Xavier University, Meharry Medical College, Northeast Ohio Medical University (NEOMED), and the University of Cincinnati, our Graduate Medical Education (GME) program portfolio will add three new residency programs in Internal Medicine, Anesthesiology, and Psychiatry. In addition, the Good Samaritan College of Nursing and Health Science had its largest graduating class ever in the spring of 2026 – with 89 total graduates in nursing radiological technology and surgery technology. Each of these students learn to provide care the TriHealth way, focusing on the individual needs of each and every patient.

Supporting mental health

We're thinking outside the box to solve some of the most challenging issues in healthcare. One example is our approach to helping people with behavioral health issues. Today, mental illness ranks as the 11th major cause of death among all age groups and the second leading cause of death among people 25 to 34.

TriHealth recently began embedding behavioral health specialists into every one of our primary care offices. We also employ these specialists in many specialty practices like cancer, women's health and pediatrics. This unique model improves access to behavioral health services by offering it in a variety of care settings. We are among the first health systems in the nation to provide this comprehensive approach.

Adult patients at every TriHealth primary care office can meet with a behavioral health specialist in person or online.



bi3

bi3's \$9 million investment accelerated TriHealth's integration of behavioral health services in adult, pediatric and specialty care settings.

As one of the first of its kind nationally, TriHealth's providers can now bring patients more seamless access to mental health support.

Together, we will bring about meaningful and lasting change that helps everyone in our community thrive and enjoy the best health possible.

Advancing population health for a stronger, healthier Cincinnati.

Embracing the population health model requires courage to step away from the familiar. It calls us to adopt innovative, bold alternatives. And it allows us to see a brighter future for ourselves, our families and our community.

At TriHealth, we're excited to join other progressive health systems and thought leaders across the country who share our passion for transformation. And we're eager to include you in the future of healthcare right here in Greater Cincinnati.



At TriHealth, our people make the difference.

TriHealth's **Be Seen. Be Heard. Be TriHealth** promise reflects something core to who we are: a culture where people genuinely support one another and where purpose, belonging, and everyday lived experience define the team member journey.

Few stories show this better than Charles Cox, Registered Nurse at Good Samaritan Hospital. Since joining TriHealth in 2014 as a dishwasher, Charles has grown through roles including Acute Care Technician, Staffing Coordinator, Licensed Practical Nurse, and now Registered Nurse on unit 15AB while pursuing his Bachelor of Science in Nursing and planning to become a Nurse Practitioner. His path reflects the opportunity, encouragement, and people-first culture that make TriHealth, TriHealth.

What keeps him here? The relationships. "I've been here so long I know someone on every floor. It really feels like family," Charles says.

His dedication, compassion, and connection to his colleagues embody what it means to Be TriHealth.

[Learn more about Charles' story.](#)



6 ways to improve your health

You can be proactive about your health at any age, no matter your challenges. TriHealth is here to help.

Need help?
Get care now!



1

Use MyChart.

Sign up for MyChart to manage your health information, schedule appointments, see test results and communicate with your providers.

2

Find a TriHealth primary care provider near you.

Our providers offer in-person, virtual and urgent care options.

3

Engage in preventive screenings.

Catch potential health issues early with regular screenings for breast cancer, colorectal cancer, diabetes and hypertension. Your primary care provider can help you stay on track.

4

Count on TriHealth for the full continuum of care.

TriHealth's comprehensive system includes primary care and specialty clinics, major ambulatory care centers, nationally recognized hospitals, hospice and home care. **Learn about our services.**

5

Attend community education events.

Health programs, workshops and seminars can help you learn more about proactive healthcare and preventive measures.

6

Stay connected with TriHealth.

Follow us on social media and subscribe to our newsletters. We'll keep you up to date on health initiatives and opportunities.





Be seen. Be heard. Be healed.™